

Tseshahat First Nation Special Band Bulletin

Thursday September 29, 2016



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Tour de Rock Raffle
 Tickets \$2 each or 3 for \$5
 1st - one 30 lb box of fish 2nd - I-pad mini 3rd - \$100 cash

Tseshaht First Nation Annual General Meeting
October 1, 2016
Haahuupayak School Gym
9:30 a.m. – 4:00 p.m.

hiłmiłsaqin “Where we want to be”

AGENDA

- 9:30 a.m. 1. Welcome and opening prayer
2. Adopt draft agenda – October 1, 2016
3. Adopt AGM minutes – February 21, 2015
- 9:45 a.m. 4. nuučaahulathin “We are Nuł-chah-nulth” video
- 10:30 a.m. *Coffee break*
- 10:45 a.m. 5. Program / Department updates (Vicki Baillie)
6. Council updates (Cynthia Dick)
- 11:30 a.m. 7. Comprehensive Community Plan (White Raven Consulting)
- 12:00 p.m. *Lunch break*
- 1:00 p.m. 8. Audit (MNP)
- 1:30 p.m. 9. Comprehensive claim update (Cynthia Dick)
Fundraising for comprehensive claim (Cynthia Dick)
Prioritization exercise
- 2:30 p.m. 10. Custom election code
- 2:45 p.m. 11. hiłmiłsaqin “Where we want to be”
(Open discussion)
- 4:00 p.m. 12. Adjourn



copsforcancerbc.ca



Tour de Rock Traditional Salmon BBQ Fundraiser

Friday, September 30th, 2016

Doors open at 5:00pm - Riders arrive & dinner at 6:00pm
Tseshaht First Nation Maht Mahs Gym | 5000 Mission Road

Visit with the 2016 Tour de Rock team,
enjoy a performance from the Haa-huu-Payuk School,
and a delicious Traditional Salmon BBQ!

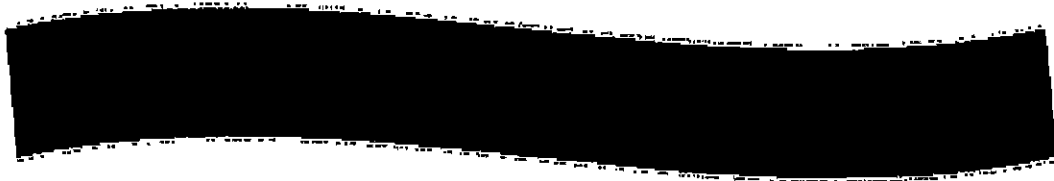
Tickets by donation!

Tickets available at Tseshaht Administration Building or the Canadian
Cancer Society Unit Office at 3030 3rd Ave.

For more information call 250.720.6141

Matilda Atleo and Irma Robinson have
tickets for sale also.

TOUR SPONSOR



SEPTEMBER 30, 2016

WE ARE PROUD TO BE HOSTING THE "Orange Shirt Day" WALK

hišruuk ʔasma taatnaa ʔaq qin (we are all children)

September 30th has been declared Orange Shirt Day annually, in recognition of the harm the residential school system did to children's sense of well-being and self-esteem, and as an affirmation of our commitment to ensure that everyone around us matters.

Agenda:

- **Meet at "Strength from Within" Commemoration by Tseshaht Longhouse (next to the NTC office) 10:45am**
- **Walk down to River Road at 11:00am**
- **Return to "Strength from Within" Commemoration for BBQ @ 12:00pm**

Wear your Orange Shirt

Bring your Drum

We would be honoured if you would join Nuu-chah-nulth members and staff

OPEN INVITATION TO EVERYONE OF ALL AGES





PUBLIC WORKS NOTICE

Road Paving Notice

Please be advised that there will be road paving happening on Hector road. This will start at the beginning of Hector road and go to Tseshaht papermill dam.

Start date: Wednesday September 28, 2016
Expected finish date: Friday October 7, 2016

Thank you from your Public Works Administration



Public Works Notice

BURNING

IT HAS COME TO OUR ATTENTION
THAT PEOPLE ARE BURNING
GARBAGE.

PLEASE REFRAIN FROM BURNING
ITEMS THAT HAVE PLASTICS. IF YOU
HAVE TREE BRUSH ITEMS PLEASE DO
SO ON WEEKENDS WHEN WIND IS
DOWN AND OR WHEN IT'S RAINING
FOR THE HEALTH OF OTHERS
THANK YOU TO YOU ALL.

REQUESTS FOR LETTERS OF INTEREST – TSESHAHT CCP PLANNING TEAM

WOULD YOU LIKE TO BE PART OF A TSESHAHT PLANNING TEAM TO UPDATE OUR COMPREHENSIVE COMMUNITY PLAN? (CCP)

Tseshaht is looking for broad participation within our community to create a CCP that is unique to Tseshaht's future needs, community priorities and vision. The CCP is a tool for stronger self governance that through community process can define and strengthen benchmarks, values and frameworks to indicate the roadmap forward for our nation through broad community participation.

If you are interested in being a part of the Planning & Evaluation Team – send us a quick email to executiveassistant@tseshaht.com or a note with your name and current contact information (email, cell phone, etc.) to the front desk to let us know:

- Why you are interested?
- What you would like to learn?
- What you would like to see happen?

The CCP can support Tseshaht update our current CCP document and better define:

- Tseshaht priorities for the land base/territory
- Future needs for infrastructure and development
- Clarify the ways that community wants to be involved in future decision making and have their values reflected
- Resources and capacity building needed to achieve their future vision

To achieve this a Planning & Evaluation team is being assembled that represents the many different sections and areas of expertise within our community, from Elders to youth, from fishers/hunters to business owners.

Together, the Planning Team will:

- ▶ Lead the planning process
- ▶ Conduct research
- ▶ Share information with the community and other partners
- ▶ Provide updates to community and leadership on planning activities
- ▶ Identify areas of capacity building, resources, fundraising
- ▶ Review drafts and finalize the comprehensive community plan

The Planning Team could form smaller working groups to lead different aspects of the planning process.

The Planning Team will remain committed to the process of creating the draft and having it ratified by March 31, 2017 – and participate in evaluation and updates through the following year.

Honorarium will be provided to Planning Team members for their participation.

For more information to guide your participation, a Draft for Discussion Terms of Reference for the Planning Team is being developed that provides:

- Guiding principles
- Scope of planning process
- Engagement
- Timeframe
- Roles and Responsibilities



****NEW****

Patient Travel Hours

Effective Tuesday September 6, 2016

Monday through Thursday 9:00AM – 4:00PM

Friday 9:00AM – 12 NOON

Gloria Fred, Patient Travel Assistant

Phone: (250) 724 -1225

Office: 5091 Tsuma-as Drive

Patient Travel - 2016

- Please remember those who travel to and from Vancouver we need you to bring in the Ferry receipts, for that travel.
- There also has been a change in Mileage for Patient Travel from .25 to .23, which will affect your overall monies for mileage with Patient Travel.
- Dr - Confirmation form, needs to be signed or stamped by office and/ or clinic and brought back to the office.
- If you cancel or change your appointment, please contact Patient Travel Clerk.
- If you miss your appointment for which you received patient travel you're responsible to return or repay to Patient Travel.
- Please submit 5 working days prior to your appointment.
- Patient travel forms at the front desk
- Your Patient travel cheque can be picked up the day before your appointment after 2:00 pm

Doctor accepting new patients – June 30- 2016 For Port Alberni

Dr Andre Van Zyl

CCFP/ Family Medicine * male

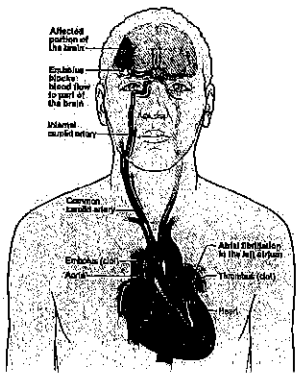
4556 Gertrude Street

Port Alberni, BC V9Y-6K1

250-723-5514



SIGNS OF A STROKE



A "**Stroke**" is a sudden loss of brain function. Caused by the interruption of flow of blood to the brain or the rupture of blood vessels in the brain

You may be having a Stroke if you experience:

- ♥ sudden paralysis or numbness of the face, arm, or leg (usually on only one side of the body)
- ♥ sudden loss of speech or trouble understanding speech
- ♥ sudden loss of vision (often in one eye only) or double vision
- ♥ sudden dizziness or loss of balance or coordination
- ♥ sudden severe and unusual headache (often described as "the worst headache of my life" that starts suddenly) with no known cause

If you experience any of these symptoms, it is a medical emergency. Call 911 or your local emergency number immediately.



October 2016 Recreation Calendar

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Family Free Play @ maht-mahs gym 3pm-5pm	Youth Centre After School Program Rides Available 3pm-5pm	Drop in Hoops @ maht-Mahs gym 3pm-5pm	Crafts & Creations Youth Centre 3pm-5pm	*Pro Day Events* Maht-mahs gym Movie, popcorn, games, sports, please bring a lunch. 10am-3pm
10	11	12	13	14
NO EVENTS	Youth Centre After School Program Rides Available 3pm-5pm	Drop in Hoops @ maht-Mahs gym 3pm-5pm	Crafts & Creations Youth Centre 3pm-5pm	Youth Centre open Extended hours 1pm-4pm
17	18	19	20	21
Family Free Play @ maht-mahs gym 3pm-5pm	Youth Centre After School Program Rides Available 3pm-5pm	Drop in Hoops @ maht-Mahs gym 3pm-5pm	**NO EVENTS**	**NO EVENTS **
24	25	26	27	28
Family Free Play @ maht-mahs gym 3pm-5pm	**NO EVENTS**	Drop in Hoops @ maht-Mahs gym 3pm-5pm	Crafts & Creations Youth Centre 3pm-5pm	Youth Centre open Extended hours 1pm-4pm
31				
Tseshahh Halloween Party Maht-Mahs gym Doors open @ 530pm Fireworks @ dusk				



Nuu-chah-nulth Tribal Council

AHOUSAHT
DITIDAHT
?IIHATIS / ČIINAŪINT
HESQUIAHT
HUPACASATH

HUU-AY-AHT
KA:YU:K'T'H/CHE:K'TLES7ET'H
MOWACHAHT/MUCHALAHT
NUCHATLAHT
TLA-O-QUI-AHT

TOQUAHT
TSESHAHT
UCHUCKLESAHT
YUUEU?E?ATH

P.O. BOX 1383
PORT ALBERNI, B.C.
V8Y 7M2

TELEPHONE: 250-724-6757
FAX: 250-723-0463

September 22, 2016

To: Nuu-chah-nulth First Nations
All NTC Staff (via email)
NEDC

cc: Paulette's Cleaning Service

RE: NTC OFFICE CLOSURES – 2016/2017

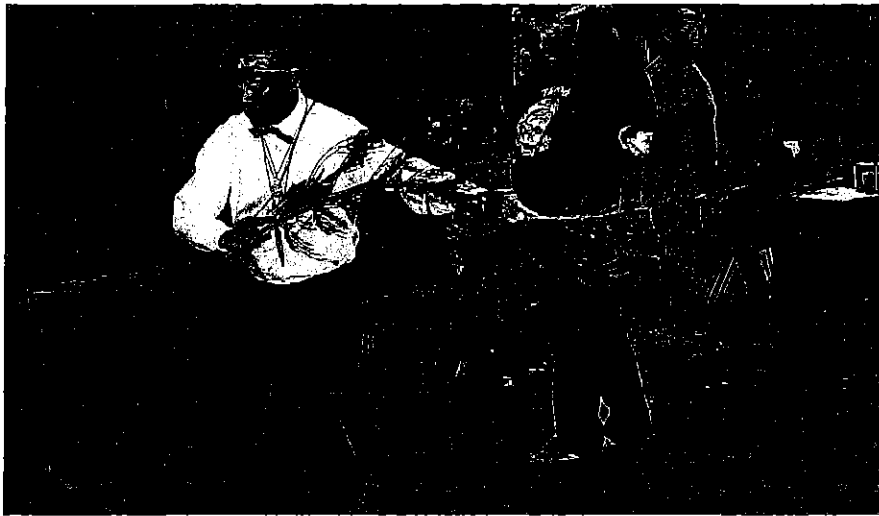
In accordance with NTC HR Policy C.1.0 – General Holidays – the following dates are recognized as paid holidays for NTC Staff, and therefore, all NTC offices will close for the following statutory holidays:

Monday, October 10, 2016 – Thanksgiving Day
Friday, November 11, 2016 – Remembrance Day
Friday, December 16, 2016 – (close at noon) for Christmas Break (Re-open January 3, 2017)
Monday, February 13, 2017 - Family Day
Friday, April 14, 2017 – Good Friday
Monday, April 17, 2017 – Easter Monday
Monday, May 22, 2017 – Victoria Day
Wednesday, June 21, 2017 – Nuu-chah-nulth Day
Monday, July 3, 2017 – Canada Day
Monday, August 7, 2017 – B.C. Day
Monday, September 4, 2017 – Labor Day
Monday, October 9, 2017 – Thanksgiving Day

Please make note of these dates for future reference.

Florence Wylie
Executive Director

SAVE THE DATE



The NTC DAC Committee
invite you to the
2016 Health Ability Fair



November 3 and 4, 2016
Alberni Athletic Hall,
Port Alberni

We look forward to seeing you for this 2 day event of learning, networking, personal growth and healing.

More details to follow.

Chuu, Florence Wylie,
DAC Coordinator, NTC