



HISHUK'ISH TSAWALK

TSESHAHT FIRST NATION

VOLUME 1, ISSUE 2

WELCOME HOME!

We would like to give a warm Welcome Home to our former Summer Student Destani Dick. Destani has been brought on as our Comprehensive Community Planning Champion.

As a summer student Destani gained relationships with our Elders during the Elders Conference in Duncan and with our Youth through summer programs and daytrips.

Destani has a keen interest in learning more of Tseshaht history and culture which will help her, as CCP Champion, to share what it means to be a part of the community.

Destani is excited to host the first of many CCP Community Meetings. This Monday, October 22nd in the Great Room starting at 6:30 PM. These meetings are designed to be a fun and interactive way of sharing information, stories and ideas as well as to assist in creating our Vision Statement.

Destani looks forward to meeting everyone and getting started on our CCP collaboration.



OFFICE CLOSURES

*Tseshaht Administration
Office will be Closed*

*Monday November 12th
for Remembrance Day*

WELCOME BACK!

"Hello my name is Lillian Dick and I'm the Youth/Recreation coordinator for Tseshaht First Nation. I am very excited to be back working in my community. I will be working at the youth center Monday to Friday 6:30-9:30 pm and on Saturday 5:00 pm to 11:00pm. The center is open to youth ages 6 to 17 check Tseshaht Fb page for updates on activities and closures." - Lillian Dick

Note: Youth Center CLOSED on the following dates: October 19th, 25th, 26th, 31st & November 17th

WELCOME!

Marcia John will be completing a work experience program from October 15, 2018 to December 21st, 2018 here at Tseshaht Administration. She will work with Jane Jones in our Membership office Monday to Thursday from 8am to 12pm and with Jennifer Gallic in Education from 12:30 pm to 4:30pm. Marcia came to us as part of an annual program offered through the Port Alberni Friendship Center and has been with us on a volunteer basis already for 6 weeks.

Marcia is from Ahousaht and is a mother of 6 children, 4 of which are from Tseshaht. She loves cooking and baking, bread is her favorite thing to make. Marcia has enjoyed her time here so far getting to know our members.

THANK YOU TO OUR FIRE DEPARTMENTS

On the evening of October 16th, 2018 Tseshaht Councilor Luke George, Communications Coordinator Melissa Bigmore and Education Coordinator Jennifer Gallic visited Port Alberni's three volunteer Fire Departments in appreciation of their continued service in keeping our community safe. The drums given to each department were made by Tseshaht Summer Students.



TSESHAHT DAYCARE & AFTERSCHOOL PROGRAM

Tseshaht Daycare / After School Program is looking for Casual workers asap. Must have a minimum Responsible Adult Training (20 hr course), Early Childhood Education Certificate (ECE) or Early Childhood Education Assistant & Emergency Childcare.

Submit resumes to Li-zette@tseshaht.com



IMPORTANT NOTE: If you are Tseshaht and interested in working in our daycare but do not have requirements yet, see Jennifer Gallic (250) 724-1225 education@tseshaht.com to help you get the training you need for employment.

TSESHAHT HALLOWEEN EXTRAVAGANZA!

Attention all Witches, Ghosts, Goblins and Ghouls please join our Annual Halloween Extravaganza! We'll have Costume Prizes, Games and Fireworks.

Friday October 26th
6:30pm @ Maht Mahs
Gymnasium



JOB POSTINGS & MORE...

The Tseshaht First Nation Administration Office is now accepting applications for the position of **Office Services Assistant**. This position is a regular part time position scheduled to work a minimum of twenty (20) hours per week.

If you believe you have the skills and ability for the position (this can be found on our website or on our Facebook page, please submit a cover letter with your resume and 3 current references on or before the closing date by mail/email to the attention of: Melissa Bigmore, Communications & Welcome Center Coordinator.

NEED HELP LOOKING FOR WORK OR ASSISTANCE WITH JOB REQUIREMENTS?

Please contact Jennifer Gallic, Education & Employment Coordinator for more info.

OCTOBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

NOVEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- Oct. 22 - Community CCP Meeting - 6:30 PM - Everyone Welcome
- Oct. 26 - **Halloween Party** - Everyone Welcome - 6:30 PM—Maht Mahs
- Nov. 6 - Community Meeting - Custom Election Code - 7:00 PM - GreatRoom
- Nov. 7 - Community Info Meeting - Cannabis - 6:30 PM - GreatRoom
- Nov. 21 - Community Meeting - Custom Election Code - 7:00 PM - GreatRoom

- Mon. Wed. Fri. - **Bootcamp** w/Gail
- Maht Mahs - 4:45 PM - 5:30 PM
- Thurs. - **Craft Night** w/Gail - Family
Center - 6 PM-8 PM
- Every 2nd Sun. - **Men's Chat** w/
Justin - Family Center - 6 PM-8 PM
- 1st Mon. of the month - **Communi-
ty Meeting**
- 1st & 3rd Thurs. of the month -
Council Meeting
- **Youth Center** - open to ages - 6-17
years old - Mon. - Fri. - 6:30 PM-9:30
PM & Sat. - 5 PM-11PM

FRANCINE

Tseshaht First Nation values the importance of Education. Student attendance is a very big part of a student's success. As the graphic below demonstrates, just a few minutes of absences a week can turn into huge gaps in learning over a child's school career.

THEREFORE, WE WILL BE OFFERING A LIMITED AMOUNT OF STUDENT ATTENDANCE SCHOLARSHIPS STARTING THIS NEXT MONTH FOR FULL-TIME GRADE 10-12 STUDENTS WITH PERFECT ATTENDANCE (0 Absences, 0 Lates, 0 Sick ; full-time = minimum 3 courses/semester).

1 or 2 days a week doesn't seem like much but...

If your child misses...	That equals...	Which is...	And over 13 years of schooling that's...
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years of school
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How about 10 minutes late a day? Surely that won't affect my child?

He/she is only missing just...	That equals...	Which is...	And over 13 years of schooling that's...
10 mins per day	50 mins per week	Nearly 1 ½ weeks per year	Nearly ½ year
20 mins per day	1 hr. 40 mins per week	Over 2 ½ weeks per year	Nearly 1 year
30 mins per day	Half a day per week	4 weeks per year	Nearly 1 ½ years
1 hour per day	1 day per week	8 weeks per year	Over 2 ½ years

EVERY DAY COUNTS

If you want your child to be successful at school then, YES, attendance does matter!

November 2018		TSESHAHT SOCIAL DEVELOPMENT				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5	6	7	8	9	10
		Food Box Forms Due		Hydro Bill Due <u>Food Box Issue</u> 1:30-2:00PM		
11	12	13	14	15	16	17
			Renewal Forms Due			
18	19	20	21	22	23	24
				Job Search Forms Due		
25	26	27	28	29	30	
					Cheque Issue <u>PWD/PPMB/</u> <u>COPH</u> 10:00-1130AM <u>All SA Clients</u> 1:30-3:00	
*Food Box is for eligible families with minor children *Food Box issue is during specified time only at the band office				Cheque issue is at the band office Late renewal = late cheque		



We want your information
– not your name!



1-800-222-TIPS (8477)



bccrimestoppers.com

MOVIE NIGHT!

Sgaaway K'uuna (*Edge of the Knife*) is a Canadian film by Gwaai Edenshaw and Helen Haig-Brown. We will be showing this PG film, Wednesday November 14th, 2018 at the Tseshaht Longhouse. Doors open at 6pm and the film will begin at 6:30pm sharp. Everyone is welcome to attend so feel free to share with your friends and family.



In 19th-century Haida Gwaii, an accident prompts a tormented man to retreat deep into the forest where he becomes *Gaagiixiid/Gaagiid* — "the Wildman" — in this landmark first feature made entirely in the two dialects of the Haida language.

The first feature film made entirely in the Haida language — a critically endangered language spoken fluently by fewer than 20 people — *Edge of the Knife* is a stunning cinematic achievement and a spell-binding tale of pride, tragedy, and remorse set in Haida Gwaii in the 1800s.

Two extended families meet at their annual fishing camp one summer on the shores of Haida Gwaii, in Canada's Pacific Northwest. Charming Adiits'ii is close to the family of his best friend Kwa and an ardent teacher to Kwa's young son. The boy looks up to him, but Kwa's wife, Hlaaya, is concerned that Adiits'ii's appetite for challenges may lead to reckless choices. Tragedy strikes when a storm hits the small encampment and Adiits'ii becomes estranged from the group. Presuming him dead, they return to their winter home without him. Adiits'ii creeps deep into the forest and begins his ominous transformation into a Gaagiid/Gaagiixiid — the legendary Haida Wildman.

In this spectacular rendering of a classic Haida story, life on the land is shaped by the power of the elements, where natural and supernatural forces co-exist. Co-directed by Haida filmmaker Gwaai Edenshaw and Tsilhqot'in filmmaker Helen Haig-Brown, this ambitious project was a collaboration with Isuma, the team behind the landmark film *Atanarjuat: The Fast Runner*. Made with a Haida cast and in collaboration with the Haida Council, *Edge of the Knife* proves that cinema can be at once a powerful vessel for riveting storytelling and a vital act of Indigenous language and culture revitalization.

DANIS GOULET

RECONNECTING, REUNITING & REBUILDING CONFERENCE

The Harm Reduction Conference held at the beginning of October saw over 1000 people come through over three days at the Maht Mahs Gymnasium.

The Gym was transformed with beautiful table linens, decorations and even the washrooms were made up special for the event. Anything to make each attendee to feel like they mattered from the moment they walked in the door.

The first two days were spent with facilitators on topics ranging from addictions, life after addiction, decolonization of addiction and recovery and returning to culture. There were also offerings of brushings, Naloxone training and self care options for Reflexology, Massages, Yoga and even haircuts.

Not only were there options for physical and emotional self care but soul filling food created on-site for breakfasts, lunches, snacks and dinner.



Attendees were also treated to a Culture Sharing Night, with opportunities to re-center and ground themselves.

Day three brought the conference to a close with deep discussion of how drugs have changed over the years and are creating more and more difficulties in recovery.

The shortage of housing for those after recovery but are not ready to be fully immersed into public life.

The discussion turned to those seeking what is referred to as 3am friends.

These are not just those friends and family that are there for you when it is convenient for them, but those that are there in your greatest time of need. Without judgement. Those that the addict can call and that will come to support in anyway possible.

One story that was shared that was a emotional was from a "social drug user", who thought they were done, their addiction was done. But came to the realization that they do use, even socially and what if they need help? Who in their circle would know enough to help them?

That light bulb moment is what this Harm Reduction Conference is all about. That one per-



son, that has that awakening moment and realizes that there is help out there. But first you must acknowledge that help is needed.

One last topic that was discussed before the closing of the conference was going home. Broken Group Islands are our home and once detox is completed wouldn't a trip home be a great way to regroup oneself. Get back to what is important to one's life and reprioritize and put healing yourself first. This is something we need!

The success of the conference is something we are very proud of and look forward to the possibility, with help from grants and Quu'asa, of making this an annual event.

We wish to thank everyone who attended, facilitated and came out to help in giving self care treatments, those who took the time to make Harm Reduction an important part of Recovery.