



First Nations Health Authority  
Health through wellness

## FIRST NATIONS HEALTH BENEFITS

# Dental

CHANGES ARE COMING IN THE SUMMER OF 2019. VISIT [www.fnha.ca/benefits](http://www.fnha.ca/benefits) FOR MORE INFORMATION.

First Nations Health Benefits (FNHB) provides coverage for dental services to maintain good oral health, prevent cavities and gum disease, and restore function. Seeing a dentist regularly helps catch dental problems before they get too serious and require extensive treatment. Dental infections can make certain health conditions such as diabetes, heart disease, and pregnancy more complicated.

### What is covered?

FNHB covers specific items and services under the following categories:

- ✓ Diagnostic services (e.g., exams or x-rays)
- ✓ Preventive services (e.g., cleanings)
- ✓ Restorative services (e.g., fillings)
- ✓ Endodontic services (e.g., root canals)
- ✓ Periodontal services (e.g., deep cleanings)
- ✓ Prosthodontic services (e.g., removable dentures)
- ✓ Oral surgery services (e.g., removal of teeth)
- ✓ Orthodontic services (e.g., braces for cases of severe misalignment)
- ✓ Adjunctive services (e.g., anesthesia or sedation)

Some services require prior approval from FNHB for coverage (e.g., crowns). Items and services not listed as a benefit may be covered on an exceptional basis. For a full description of the dental benefit, please visit [www.fnha.ca/benefits](http://www.fnha.ca/benefits)

### Exclusions

Examples of procedures that are not covered include:

- Cosmetic treatments
- Fixed prosthodontics (e.g., bridges)
- Implants and all related procedures
- All porcelain and ceramic crowns
- Appliances to treat bruxism (e.g., night guards)

### Working with providers

Dentists registered with FNHB can directly bill for services. Clients who see a dentist not registered with FNHB will need to pay up front and submit a reimbursement request to FNHB.

Clients are strongly encouraged to discuss billing with their provider before booking an appointment.

### Some questions to ask your provider about billing:

- Are you registered with FNHB for direct billing?
- Do you require payment up front for services?
- Do you charge above the amount covered by FNHB?

If you have any questions about the Dental benefit, contact Health Benefits at:  
1.855.550.5454 (toll-free)



# Accessing Dental Benefits

FEBRUARY 2019

1

- Client makes an appointment with a dentist.
- Client should confirm if the provider will directly bill FNHB.

2

- Client attends appointment.
- Provider establishes a treatment plan and contacts FNHB if service(s) require prior approval.

3

- FNHB reviews prior approval request and determines eligibility based on benefit guidelines.

4

- Dentist provides services based on treatment plan.

5

- Dentists registered with FNHB may process invoices directly with the claim centre.
- Dentists not registered with FNHB will request payment and provide client with a receipt. Client will need to pay out-of-pocket and request reimbursement from FNHB.

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