

HISHUK'ISH TSAWALK

TSESHAHT FIRST NATION NEWSLETTER

VOLUME 2, ISSUE 12

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MOVING ON...

At the beginning of December we shared in a farewell luncheon for Social Development and Health Services Department Manager Bella Fred. Bella served in her position with the nation for over 8 years. Bella's commitment to her community and determination to help in any way she could during her time here was unparalleled. She will be missed!

We wish Bella all the best in her new position with USMA in their accounting department.



OFFICE CLOSURES

Tseshaht Administration Office will be closed at 12noon Friday December 20 & will reopen Monday January 6, 2020 for

Christmas Break







- Newsletters
- Urgent Bulletins
- Community Engagement/Meeting Notices
- Community Events Information
- ♦ & More!

We are looking for better ways to communicate with Tseshaht Membership.

Would you be interested in hearing from us via email? phone? please let us know what works best for you!

Name:

| D | hone | • |
|---|------|---|
| | lone | • |

Email:

Status #:

Please note that all communication is in adherence with Canadian Anti Spam Legislation (CASL). By giving your email you are giving your express consent to receive electronic messages from Tseshaht First Nation. There is no time limit for this consent, however you may withdraw your consent at anytime by emailing <u>community@tseshaht.com</u>

Form more information on CASL please see www.fightspam.gc.ca



Happy Holidays

Wishing you health & happiness in 2020!

From Ahmber, Gail, Gloria & Veronica

Social Assistance Client Cheque Distribution

Fri. Dec. 27

10 AM - 12 NOON ONLY!

All requests for travel taking place during the Christmas Break MUST be submitted with Appointment Confirmation asap as we require 5 business days to process.

atlent Trave

Emergency Patient Travel during Christmas Break please call 250.735.1298



Wishing you all the best in 2020!

From Communications & Welcome Center Melissa, Tamara, Myra, Barbara & Jerami





Merry Christmas

From Lands, Language & CCP Darrell, Dawn, Linsey, Grant & Josh

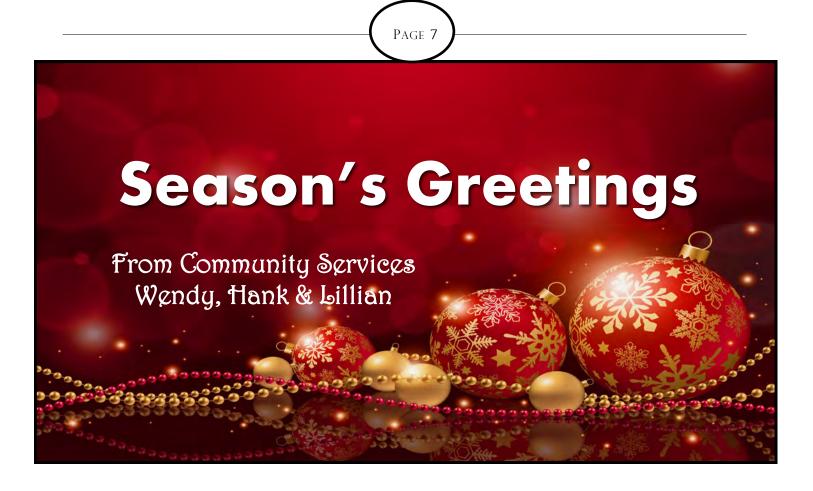


Wishing you the best of the season

From Finance Chris, Vicki, Marlene & Tina

Merry Christmas & Happy New Year

From Darren, Virginia, Jane & Wilfred



Merry Christmas & Happy New Year

From Fisheries & Forestry Dave, Frank & Jamie

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?AAQIN?APHAK? - WHAT ARE YOU DOING?

| Dec 2019 | | | | | | | |
|----------|-----|-----|-----|-----|-----|-----|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 | |
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| 29 | 30 | 31 | | | | | |

Jan 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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FRIDAYS

SCHEDULE OF EVENTS

- Dec 15 Tseshaht Community Christmas Dinner - Maht Mahs - 5 PM
- Dec 20 Admin Office Closed @ 12 noon -Christmas Break
- Dec 27 Social Assistance cheque distribution - 10 AM - 12 NOON
- Jan 6 Admin Office Reopens @ 8 AM
- Jan 17 Community Dinner Maht Mahs 5 PM
- Wednesdays Family Center Women's dropin - 6:00pm-8:00pm
- Wednesday's Community Dance Practice -Cultural Center - 6 PM - 8 PM
- Thursdays Family Center **Youth drop-in** 5:00pm-12:00midnight
- Fridays Family Center **Relapse prevention for NA** - 6:00pm-8:00pm
- Saturdays Family Center Drop-in Counselling - 5:00pm-12:00midnight
- Sundays Family Center Families effected by Addiction Support Group - 6:00pm-8:00pm

WHO'S INTHE OFFICE:

| MONDAYS | | RCMP | JAY/PETE/BETH |
|------------|-----------------|----------------------|---------------|
| TUESDAYS | 1:00PM - 3:00PM | NTC HEALTH NURSE | FRANCINE |
| WEDNESDAYS | 1:00PM - 4:00PM | PES CLIENTS CHECK-IN | REGAN PLEY |
| THURSDAYS | 1:00PM - 3:00PM | NTC HEALTH NURSE | FRANCINE |



Pet Care

During the winter months pets require bedding that will keep them warm and dry in a wet and cold climate. Pet beds and blankets may not work because they can get wet and freeze. If your pet stays outdoors please research the proper bedding to use throughout the winter months. Some pet owners use hay or straw, please research which the best option for your beloved pet. A friendly reminder tenants in social housing are permitted to keep one pet; any additional pets must be approved by the Housing Department. Pet ownership is not permitted in any of the multi-plex buildings.



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The Housing Department will be collecting rent on Friday, December 27, 2019 from 10:00 am to 12:00 pm at the band office.

*Please note if you are unable to make it to the office on this day the office re-opens for regular business hours on Monday January 6th 2020 *

Rental payments received after January 7th, 2020 will receive a

\$25.00 late fee.





Tseshaht First Nation <u>Social Housing, 65+ Elders, Disability</u> Holiday Emergency Contacts

The office will be closed for holiday's season from December 23, 2019 and Reopening January 6th, 2020.

Emergencies are defined as plumbing/hot water tank not working, heating (no heat), leaking roof, frozen pipes or leaking pipes, electrical malfunction, stove or fridge malfunction. If you experience a Housing emergency during the holiday season please contact:

Richard Sam, Housing Maintenance Coordinator at 250-731-7595 or Deshana Sanderson at 250-918-4807.

This applies to tenants who live in a Social Housing unit, members over the age of 65 and members who currently have PWD status.

If there is an emergency such as a flood, fire, or if your safety or security is at risk please phone 911.

Should you have a social issue emergency that requires after hours support during the holidays, please call one of the following appropriate service providers:

- Kuu-us Crisis Line: 250-723-4050 (24 Hour outreach available)
- Teen Line: 250-723-2040
- Emergency Women's Shelter: 250-724-2223
- Help Line Children: 250-310-1234
- St. Vincent de Paul: 250-723-7721 (temporary assistance with food and clothing from unexpected circumstances)
- Port Alberni Hostel Society: 250-723-6511
- Bread of Life: 250-723-4049
- Salvation Army(food/clothing): 250-723-6913
- Alberni Hospice Society: 250-723-4478
- Women's Resource: 250-724-7111(can connect you with Victim Services)

Anything related to emergency Septic tank back up call Thomas Fred 250-720-7753 or Rick Mack 250-735-7753.



Tseshaht Patient Travel Process 2019

When you have an appointment out of town you MUST bring in attendance form. You have appointment faxed to me @ 778-419-2725

When attending a dentist out of town you must be referred by a local dentist in order to qualify for patient travel out of town also you need to have the clients <u>Care Card number in</u> <u>order to process</u>. This is to the closest source.

Bring your signed Attendance form back to Patient Travel Clerk

Attendance forms are up at front desk. Not bringing this back will affect your next Patient travel request.

When filling out Patient Travel forms – do not leave anything blank as all information is required to process your patient travel cheque, incomplete forms will not be processed.

Example: A detailed explanation on why you are going to the specialist.

Example: Address and phone number of specialist.

Please remember when your appointment requires travel on the <u>B.C Ferries you</u> must to return the receipts. If you do not return the receipts your next travel with ferry will be reimbursement ONLY until we have the receipts.

Patient Travel requires 5 days to process. Cheque pick up day before appointment after 2:00pm.

The role of the Patient Travel Clerk is to ensure that your request is processed.

Community members who submit for Patient Trust MUST ensure that the Patient Travel Clerk has all the information required. Please read the bottom of the Patient Travel form.

You are responsible to get your patient travel request in before your appointment date in order for your cheque to be ready on time, If you are late bringing your request in on time, your travel will be done as a reimbursement and will be processed after you bring in your SIGNED Dr confirmation form

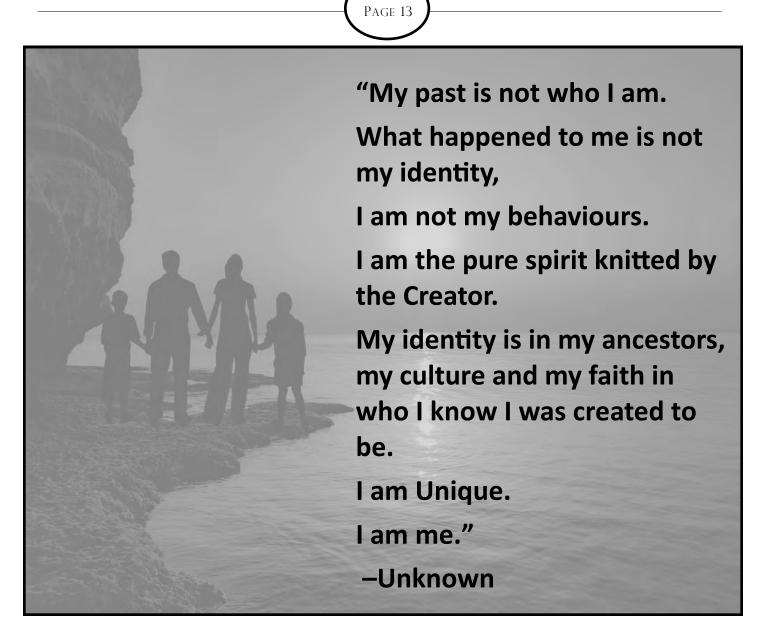
Fax - 778-419-2725

Need to stay overnight? If you need a room, please let me know ASAP. On the Patient travel forms it states that the hotel rooms need 72 hours' notice if you cannot make it to the room, If for some reason you cannot make it to the hotel and do not inform Us at the office or the hotel YOU will be responsible to pay back the cost of the room. So please read the Patient Travel form before you bring it in.

PLEASE SIGN your Travel form at the bottom

The role of the Patient Travel Clerk is to ensure that your request is processed. Community members who submit for Patient Travel MUST ensure that the Patient Travel Clerk has all the information required. Please read the bottom of the Patient Travel form.

Patient Travel Clerk ~ Gloria Fred



Youth Outreach & Counselling @ The Family Center

When: 5:00pm-12:00 midnight Who: Any Youth or Adult Wednesdays: Women's drop-in 6:00pm-8:00pm Thursdays: Youth drop-in 5:00pm-12:00midnight Fridays: Relapse prevention for NA 6:00pm-8:00pm Saturdays: Drop-in Counselling 5:00pm-12:00midnight Sundays: Families effected by Addiction Support Group 6:00pm-8:00pm Page 14

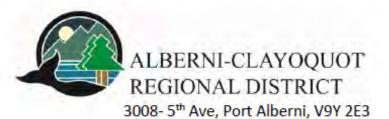
Starting 2020 off right... ...TOGETHER!

Please join us for a Community Dinner

Friday January 17, 2020 Maht Mahs | 5 PM

This dinner is for all Tseshaht to join together and start the year off right. We hope to see you there!

| PAGE | 15 | |
|------|----|--|
| | | |



PRESS RELEASE

For Immediate Release December 4, 2019

Officials Continue Discussions on Aquatic Centre Services

Elected and appointed officials from the Alberni Valley including First Nations, the Electoral Areas and City of Port Alberni reconvened to examine options to provide facility-based aquatic recreation in the Alberni Valley in the coming years. The Echo Aquatic Centre, built in 1967, continues to serve the needs of the greater community, but the age of the facility demands that community leaders contemplate what will be the needs of the community after the service life of the facility is concluded.

The outcome was a strong interest to continue working collectively on the feasibility of a new subregional aquatic facility for the Alberni Valley including exploring opportunities to jointly engage residents of the Alberni Valley to gather input on the benefits and costs of different options.

ACRD and City staff will be preparing a report as part of the financial planning process on next steps to engage the communities to define the aquatic needs for the Alberni Valley and how those needs might be met.

For more information, contact: Douglas Holmes Chief Administrative Officer <u>douglas.holmes@acrd.bc.ca</u> 250.720.2700



Want to spend a week in a university research lab? Scholarships for Indigenous grade 11 students are available!



The Verna J Kirkness Science and Engineering Education Program develops highly motivated Indigenous learners who not only have the importance of graduating from high school reinforced to them, but also gain valuable insights and experiences in order to consider attending a post secondary institution.



THE VERNA J KIRKNESS SCIENCE AND ENGINEERING EDUCATION PROGRAM



EDUCATION PROGRAM

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The Verna J Kirkness Education Foundation offers scholarships to Indigenous grade 11 students to spend a week at a Canadian university interacting with scientists and engineers in their research laboratories. Although the program is aimed at grade 11 students applications from grade 12 students will be considered.

During the week students have an opportunity to experience the excitement of doing research, meet role models and learn about the support systems available to them on campus.

Participating Universities in 2020

University of Victoria Kwantlen Polytechnic University University of British Columbia University of Calgary University of Saskatchewan University of Manitoba Queens University

Programs in 2021 will <u>also</u> include University of Alberta First Nations University of Canada University of Ottawa Additional Canadian Universities have requested programs for 2021 & 2022

Program Applications – please visit our website at <u>www.vjkf.org</u> <u>Deadline for applications is December 20, 2019</u>

Program information contact: Ron Woznow at *ron.woznow@vernajkirkness.org* Partnership opportunities contact: Patrick Lauzon at *pl58@hotmail.ca* Program media inquiries contact: Tony Williams at *t_williams@telus.net*

Our mission is to increase the number of Indigenous students graduating from Science and Engineering Programs in Canada

Indspire has identified The Verna J Kirkness Science and Education Program as a Capacity Building Organization



I, Trinity Howard-Mowatt from Hazelton Secondary School, recently participated in the Verna J. Kirkness Science and Engineering Education Program at the University of Victoria. This was a one-week opportunity for Indigenous students across Canada to have a fully paid educational experience at a Canadian University.

I travelled with Ayianna Johnson, a student from the Burns Lake area, as well as one of our chaperones, Liz Brach. We were later greeted by Liz's husband, Gerry Brach, (another chaperone). Upon arrival to Victoria, we toured the UVIC campus with 10 other students from BC and 1 student from Saskatchewan.

During the week I learned so much about computer science and programing. My experience in the lab included, Coding, using and learning about Python, Javascrip, C++ and C#, as well as setting up software called Unity with the help from our mentors, Matthew and Jon, students from UVIC. In Unity I was able to create a demo game using 3d blocks and assets that I downloaded into the Unity software. In addition, Teddy, an undergrad, shared his expertise by setting up a virtual reality lens (VR) and a hologram lens that he and another student created using Code and Unity combined.

One of the many highlights was a drone, Rob Skelly, from the Department of Geography, showed us. This is a project Mr. Skelly has been working on for a few years. He explained how he wants to create a drone with two cameras, verses one, to detect environmental issues ranging from forest inventory to forest health to the mapping and evaluation of wetland environments. This was both informative and fascinating.

Another highlight was going to the Astronomy building, for Open House, where we saw the 5th largest telescope in Canada and the 1st largest on a university campus. Through a telescope we looked at star clusters, small planets and learned about how our solar system works.

The overall highlight, for me, was the Honor Dinner for the students in the program. The dinner was hosted by Gerry Brach with the guests of honor, Verna J. Kirkness along with one of the major sponsors, The Sisters of St. Ann as well as the Professors who opened up their Labs for the week. During the dinner, we all received gifts from the First Peoples House staff. Gerry then gave an account of how our week experience unfolded and shared some of our post secondary goals. Each student then received a certificate from the Verna J. Kirkness Program.

I would like to thank the University of Victoria for allowing us to stay in the dorms during the program. As well, a big thanks to our professor, Dr. Yvonne Coady and all of the mentors who made me feel welcome and comfortable walking into a huge university.

I am also grateful for Hazelton Secondary staff, Mr. Boldt and Mrs. Jackson for introducing me to this program, believing in me and, guiding me through this amazing educational experience. Without them I would not have met all of the wonderful UVIC staff, volunteers and students involved in the program or given a lot of thought to post secondary education.

Although there were many firsts for me, first time a distance away from home, by myself, first time on a plane and first time in a major city, overall I found the experience interesting, informative and culturally enriching! This Science and Engineering program was a great opportunity that awakened my thoughts about post secondary while also opening up my mind to the possibilities of what I can be given the opportunity to go to University.



Program Schedule for the week Verna J. Kirkness Science & Engineering Education Program UBC 2018 program May 13-18, 2018 (2019 programs are being finalized)

| Sunda | ay, May 13 | |
|--------|---------------------|--|
| | 3:30 - 4:30 | Arrival Place Vanier Residences |
| | 6:00 - 9:00 | Dinner in Place Vanier Residence Cafeteria Introduction to the Kirkness Program |
| | 11:00 | Curfew |
| Mond | | Cullew |
| Monda | ay, May 14 | Mast shares and in socidares some and so to |
| | 8-8:45 | Meet chaperones in residence common room and go to breakfast – pick-up bagged lunches |
| | 9-11 | Sty-Wet-Tan Hall – Elder Larry Grant and Host Linc Kessler |
| | 11-4:30 | Mentors or representative from the labs will meet students in Place Vanier Residence Cafeteria – lab time |
| | 4:30 | Return to Place Vanier Residence |
| | 5:30 | Dinner Place Vanier Residence Cafeteria |
| | 6:30 - 9 | Introduction to Kirkness Program + Social Media & Blogging |
| Tuesd | | Introduction to Kinkless Program + Social Media & Diogging |
| Tuesu | lay, May 15 8:00 | Meet abanaranaa in Diace Vanier Desidence common room and go to |
| | 0.00 | Meet chaperones in Place Vanier Residence common room and go to breakfast |
| | 9:00 | Students are met by their mentors at Place Vanier Residence Cafeteria – lab |
| | 42-00 | time |
| | 12:00 | Lunch with lab groups |
| | 4:15 | Return to Place Vanier Residence |
| | 4:30 | Dinner in Place Vanier Residence Cafeteria with chaperones |
| | 7-9 | Kirkness Program T-Shirt Design |
| Wedn | esday, May 16 | |
| | 8:00 | Meet chaperones in Place Vanier Residence common room and go to breakfast |
| | 9:00 | Students are met by their mentors at the Place Vanier Residence Cafeteria – lab time |
| | 12:00 | Lunch with lab groups |
| | 4:30-5:00 | Return to Place Vanier Residence |
| | 5:30 | Dinner with chaperones in Place Vanier Residence Cafeteria |
| | 6-9 | Homework Night in Sty-Wet-Tan |
| Thurs | | Homework Night In Sty-Wet-Lan |
| Thurs | day, May 17 | Meet abanerance in Diace Vanier Desidence Common room and go to |
| | 8:00 | Meet chaperones in Place Vanier Residence Common room and go to breakfast |
| | 9:00 | Students are met by their mentors at Place Vanier Residence Cafeteria – lab time |
| | 12:00 | Lunch with lab groups |
| | 4:30 | Return to Place Vanier Residence |
| | 6-9 | Traditional Feast – Sty Wet Tan |
| Friday | /, May 18 | Traditional T cast - Sty Wet Tan |
| Thuay | | Mast shareness is place Varias Desidence common new and us to |
| | 8:00 | Meet chaperones in Place Vanier Residence common room and go to breakfast |
| | 9:00 | Students are met by their mentors at Place Vanier Residence Cafeteria – prep time for presentations |
| | 12:00 | Lunch with lab groups |
| | 1:00-4:30 | Student presentations in Lecture Hall |
| | 5 pm | Departures – some students may stay over to Saturday for travel |





Most people know about Crime Stoppers:

"If you have information about this, or any other Crime, call 1-800-222-TIPS"

"We want your information, not your name. Call 1-800-222-TIPS"

When you think of Crime Stoppers, you might think about T.V. shows like "Cops" and "America's Most Wanted", but Crime Stoppers is Canadian too. Crime Stoppers is an anonymous way for people to report information about crimes. While Crime Stoppers is not the police, they do work closely with police forces all over Canada.

Healthy Communities have to have ways to support victims of crimes. The first step in supporting victims is reporting the crime. Reporting the crimes doesn't necessarily mean 'putting bad guys in jail'. Reporting crime is the first step in making sure the culprit does not create any more victims.

Reporting crime in small or isolated communities can be very challenging. "What if he finds out I called it in?"

"Will I be safe?"

"Will everyone get mad at me?"

All legitimate concerns if the culprit is your spouse, your sibling, your parent, your neighbor, your father's best friend – well you get the idea. So how can you "rat" these people out and why would you?

The reality is that you aren't "ratting" anyone out. You are doing your part to keep your community safe and healthy. You are supporting victims and you are stopping people from creating more victims and you can do your part and stay anonymous by calling Crime Stoppers.

1-800-222-TIPS (8477) bccrimestoppers.com

PORT ALBERNI RCMP INDIGENOUS POLICING SECTION

ROYAL CANADIAN MOUNTED POLICE

RCMP 1

Cpl. Jay Donahue



Cpl. Jay Donahue is the Non Commissioned Officer in charge of Port Alberni Indigenous Policing services, living and working in the Valley for the past ten years. He is an Aboriginal person and of Metis decent. His maternal family are Cree, from the traditional territory of the Michel First Nation in Alberta. He has 23 years of policing services and a passion for working with Aboriginal peoples.

Jay previously worked as an RCMP officer in Campbell River and New Hazelton; working extensively with the Wei Wai Kum, Campbell River, Gitxsan and Wel'suwet'en Nations. His priority is the same wherever he works, ensuring stronger and safer communities for our Aboriginal people.

"If you show respect, you get respect" - Jay

Cst. Pete Batt



Cst. Pete Batt comes to you from the traditional territories of the Mi'kmaq Peoples. Pete is passionate about issues that affect Indigenous Youth and sees our Youth as the future for all of us. Cst. Batt holds a Bachelor of Science from Dalhousie University and enjoys boating, hiking, hunting and fishing with his family but spends much of his free time celebrating his culture by playing bagpipes in the West Coast Highlanders Pipes and Drums along with his family.

"By knowing and understanding our own cultures, we gain respect for the cultures around us." - Pete



Cst. Elizabeth O'Connor

Elizabeth O'Connor joined the RCMP in 2015 and was posted to Port Alberni out of Depot. She is originally from Hamilton Ontario, the traditional territories of the Haudensaunee and Anishnaabeg people.

Before joining the RCMP Cst. O'Connor worked as a Paramedic with BC Ambulance, a Support Worker with youth leaving the criminal justice system, and as a Corrections Officer.

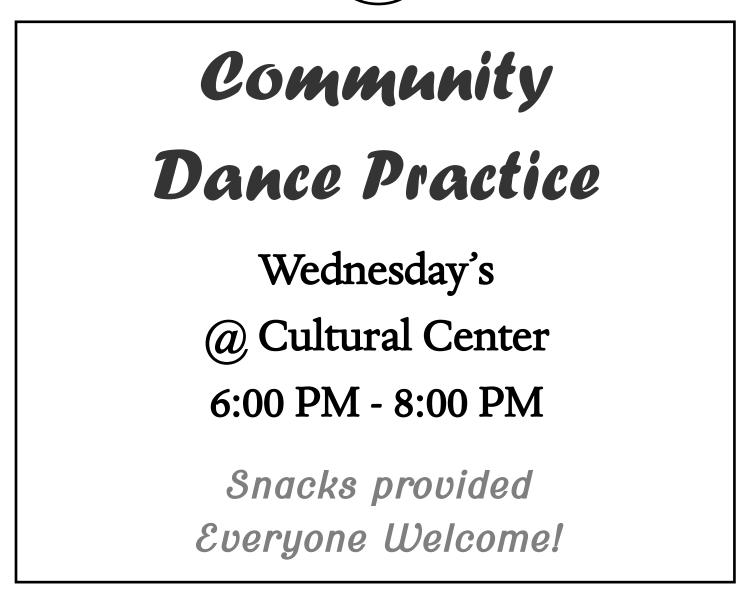
Through her employment and volunteer work in drug and alcohol detox programs, she learned a great deal about the complexity and barriers people face every day. Cst. O'Connor was drawn to a career in emergency services out of a desire to impact others in a positive way and to promote positive change and progress.

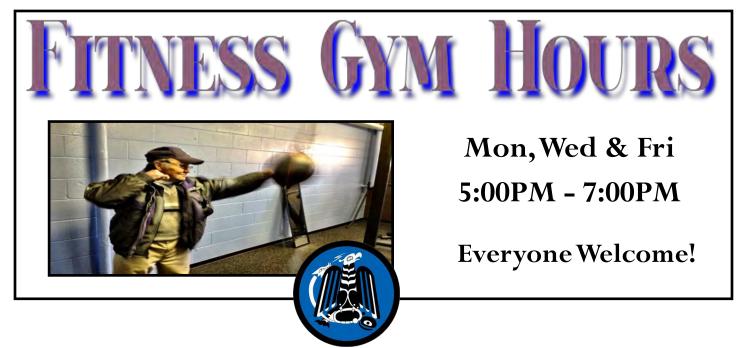
"I feel fortunate to have been assigned to the Indigenous Policing Section and I am excited to learn and be involved in this partnership" – Beth



WORKING TO BUILD SAFER, HEALTHIER, INDIGENOUS COMMUNITIES









cišaa?ath Language Strategy 2020-2030

What is a language strategy?

The Tseshaht Language Strategy is a plan that outlines the path forward for our Administration, Language Team, and Community on how we are going to support and strengthen our language over the next 10 years.

Why is it important?

A strategy directs our activities, projects, and programs based on the priorities outlined by our community and takes in consideration the status (health) of our language making sure our efforts are the best use of our resources and getting us to where we want to go as a community.

What is the status of our Language?

According to the Report on the Status of B.C. First Nations Languages (First Peoples Cultural Council) the nuučaanuł language has 1.4% fluent speakers remaining and 6.3% semi-speakers. As Tseshaht this reflects the status of our language.

Joshua Fishman, who studied endangered languages around the world developed an 8-stage scale (1 being the strongest like English, 8 being the most endangered) that measures the health of a language and the recommended actions. The scale helps us think of the best most strategic approaches based on where our language is on the scale. Many Indigenous communities use this scale to assist their language planning efforts. On this scale, Tseshaht is considered endangered found in stages 7 and 8.

| | Description | Revitalization Efforts |
|---|--|---|
| 8 | The most threatened stage Language is rarely spoken No new speakers being created Few learners No children have been raised in the language in 2+ generations Few isolated elderly speakers left | Document as much as possible Work with existing elders and/or reconstruct language from documentation |
| 7 | All remaining speakers are over child- bearing age No new children are being raised in the language Some learners Language is still heard at cultural events There is a culturally active population of speakers, mostly over the age of 60 | Create second-language speakers of child- bearing age who will become teachers and start and lead programs Elders are an active resource Strengthening bonds between existing speakers and learners Create opportunities for learners to speak and hear the language Bring the language into the home |

The input we have received from our community towards our language strategy reflects the recommended efforts outlined above.

How we developed the Draft Strategy:





We wanted to honour the input our community has already provided through the work done on the DRAFT 2017 Comprehensive Community Plan that outlines our community's vision and goals for our language (page 18), approximately 257 community members helped to form this plan. We used the vision and 5 goals outlined for language as the foundation for the strategy and checked in with our community if these were still true and received input on how we should get there.

Through one-on-one interviews, a pre-band meeting session, elders lunch, input at language classes, engagement at the Halloween party, and online and in-person surveys we connected with approximately 100 community members who confirmed that the vision and goals outlined were still true and through their input further prioritized the goals and provided important input on how to get there.

Our strategy is a living document and to be reviewed once a year. We will continue to connect with our community to build and plan forward.

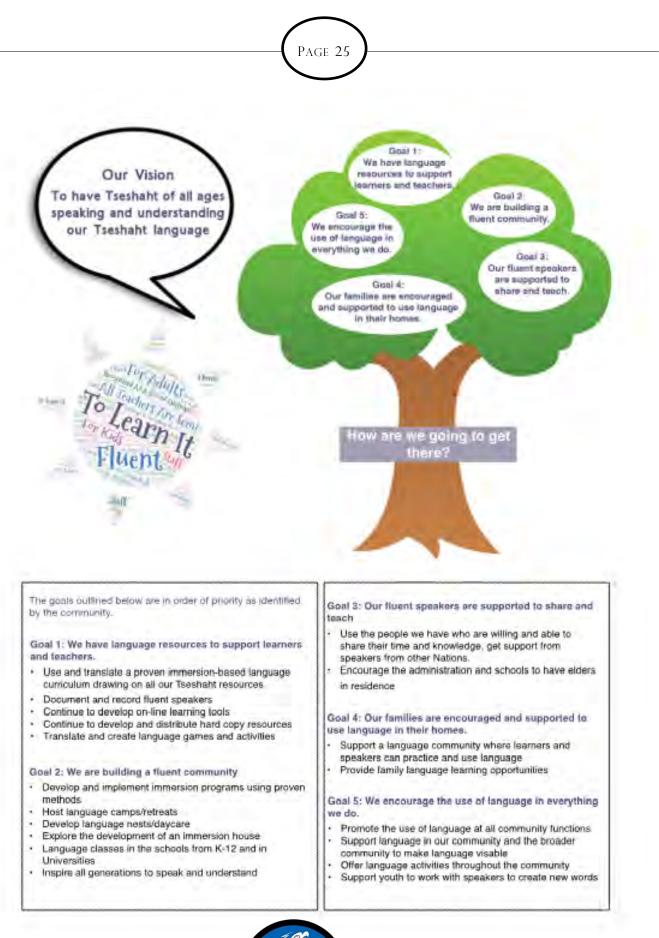
We also looked to other indigenous communities who are doing language revitalization work and have been creating speakers of their languages.

Lessons and Recommendations from Nsyilx (Interior Salish), Kanyen'keha, SENĆOŦEN ((WSÁNEĆ), Skwxwú7mesh

- Develop adult language speakers adult speakers will create other speakers and start other programs
- 1800 2000 hours of immersion to go from beginner level to intermediate speakers.
- Programs of up to 12 students maximum
- Commitment of learners
- Support for learners and speakers
- Use proven method such as curriculum (Paul Creek), Where Are Your Keys, Mentor-Apprentice

ċišaa?atḥ DRAFT Language Strategy 2020-2030









TAX EXEMPT HYDRO, TELEPHONE, OR CABLE

Your Hydro, Telephone or Cable are tax exempt if you live in the Tseshaht First Nation Community and have a status number.

Leave a copy of your status Card, Hydro, TELUS or Cable (Shaw etc.) at the Admin Office and a letter will be sent to the provider to remove the tax.

Please contact Jane Jones at 250.724.1225 or email jjones@tseshaht.com . If you require further information.





May 2019 to April 2020 Tseshaht FN

Note: Your Recycling Pickup Day is shown shaded in BLUE

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For more information on what can be put in your curbside recycling bins visit www.recyclinginbc.ca

PLEASE ENSURE THAT YOUR RECYCLABLES ARE CLEAN WHEN PUT OUT FOR RECYCLING

For service inquiries contact Waste Management @ 1-800-774-9748

Recycling Pick-Up Day

RECYCLING BLUE BOX IS TO BE PLACED AT THE CURB BEFORE 7:00 am ON COLLECTION DAY

Statutory Holidays

If a Statutory Holiday falls on a Monday, pick-up will happen the follwing day regular pick-up day





ALBERNI-CLAYOQUOT REGIONAL DISTRICT

Recycle right at the curb

PAGE 28

YES! Recycle these at the curb





MIXED PAPER





PAPER BEVERAGE



TIN & ALUMINUM CONTAINERS/FOIL



PLASTIC BOTTLES, CONTAINERS & TUBS <25L

Recycling tips

- Place recyclables into totes loose; do not begimaterials "Exception: stredded paper must be contained an a clear plastic bag or paper bag.
- Si Ensure recyclables are clean
- Si Remove all caps, lids and spray nozzles. Plastic caps and lids can go in the tote once separated
- Place tote at the curb by 7:00 am on your collection day.

CARDROARD

& BOXBOARD

PAPER PACKAGING

THAT CONTAINED

LIOUIDS

- Si Ratten containers as much as possible to save space
- Sar Ensure all items tilt securely in the tote. Ensure light items are weighted down
- Sa No hazardous materials

NOT at the curb! Bring to 3rd !

These items can be recycled at the 3rd Ave. Recycling Depot or the AV Landrill Recycling Depot



Recycling locations for other items

Electronics (TVs, computers, printers) - 3rd Ave. Recycle Depot, 3620 3rd Ave. and the Bottle Depot, 3533 4th Ave.

Small Appliances & Power Tools - 3rd Ave. Recycle Depot, 3620 3rd Ave.

Residential/Household Paint, Flammable Liquids, Pesticides or Gasoline - 3rd Ave. Recycle Depot, 3620 3rd Ave.

Lights, Lamps, Ballasts and Fixtures - 3rd Ave. Recycle Depot, 3620 3rd Ave.

Donate textile items to the *Diabetes Canada Clothesline* at the Drop Box located at the 3rd Ave. Recycle Depot . Clothesline accepts: Gently used clothing, bedding, sleeping bags, belts, ties, handbags, yarn, blankets, drapes, jewelry, hats, pillows, shoes and all footwear.



Reminder- Please <u>Do Not</u> Put Plastic Bags and Overwrap in your curbside tote. (Bring them to the Recycle Depots)

Not sure what goes in your recycling tote?

ACRD: 250-720-2700

WEB: www.recyclinginbc.ca EMAIL: recyding@acrd.bc.ca

Don't bag your curbside recycling

Why? Bagged recyclables can't be sorted by automated machines and end up in the landfill. Keep recyclables loose in your curbside tote and take plastic bags to the recycling centre. Learn to recycle right at the curb.

For a complete list of what can be recycled and where, visit www.acrd.bc.ca/recycling-directory







Tseshaht Garbage Pick-up



2020

| | Regular Pick-up | | | | | | | |
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CONNECT WITH US!

TSESHAHT FIRST NATION

5091 Tsuma-as Drive Port Alberni, BC V9Y 8X9 T: 250.724.1225 F: 250.724.4385



www.Tseshaht.com

Tseshaht First Nation



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