



HISHUK'ISH TSAWALK

TSESHAHT FIRST NATION NEWSLETTER

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AUGUST 25, 2022

Inside this special edition

New Somass Hall Announcement	2	Cultural Brushings	7
Committee Nominations	3	International Overdose Awareness	8
Water Street Dock Opening	4	Elders Luncheon	8
Conversations with Council	4	School Supplies & Clothing Form	9-10
Staffing Announcements	5-6	Heat Warning	11
Fire Ban Information	6	NIC - Indigenous Language Fluency	13
Orange Shirt Information	7	Garbage & recycling Schedules	13-14

OFFICE CLOSURES

*Tseshaht Administration Office will be closed at 3pm Friday September 2, 2022
& all day Monday September 5, 2022 for Labour Day Weekend*

Announcing A New Somass Hall, see more inside!





TSESHAHT FIRST NATION

5091 Tsuma-as Dr. Port Alberni, BC V9Y 8X9
P: 250.724.1225 | F: 250.724.4385 | Tseshaht.com

FOR IMMEDIATE RELEASE AUGUST 19, 2022

Re: FUNDING APPROVAL TO REPLACE THE FORMER SOMASS HALL

Today čišaaʔath (Tseshaht) First Nation is proud to announce that we have been approved for a \$3.4 million grant to build a new community hall to replace the former Somass Hall. This opportunity has been made possible through the Investing in Canada Infrastructure Program (ICIP) - Community, Culture and Recreation Program (CCR) from the Province of British Columbia and the Government of Canada. The grant will cover up to 75% of the project costs and Tseshaht is proud to support the remaining 25%.

“Tseshaht First Nation thank the Government of Canada and the Province of British Columbia for supporting our community with this very important infrastructure investment to build a new community facility to replace the old Somass Hall that had been previously deemed unsafe for use and deconstructed. Our Nation is experiencing the compounding impacts of the COVID-19 pandemic and the difficult work we must undertake with respect to the Alberni Indian Residential School (AIRS). This investment is a welcome sign of hope when the need is at an all-time high for children, youth, elders, community members, residential school survivors, and many others. A new Somass Hall is a great investment that supports Tseshaht and Nuu-chah-nulth communities; and has broader positive economic impacts for the City of Port Alberni and our entire region. Kleco, kleco (thank you).” – Wahmeesh (Ken Watts), Elected Chief Councillor

We thank the Province of BC and Government of Canada for this substantial investment into our Nation. We also want to thank the team at Urban Systems, Nuu-chah-nulth Tribal Council, Iredale Architecture, and all past/present Tseshaht staff and Council who helped make our application a reality.

It is important that we also acknowledge local agencies who have provided letters of support for our application:

- Alberni-Clayoquot Regional District
- City of Port Alberni
- Port Alberni Port Authority
- Nuu-chah-nulth Tribal Council
- School District 70

We look forward to continued collaboration with governments, organizations, and funders to complete this project and re-establishment of a central community facility.



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ELECT YOUR TSESHAHT COMMUNITY COMMITTEE REPRESENTATIVES

NOMINATIONS are Now OPEN
Nominations close on: **September 2, 2022**

If you are interested in putting your name forward or putting forward the name of another Tseshaht member (they must confirm their willingness to let their name stand ASAP) for any of the Tseshaht Community Committees below. Members must be 16 years of age or older.

Please submit **your/their name** and **contact info** by **September 2, 2022** to:
Virginia Shrimpton at yshrimpton@tseshaht.com

The election for those positions will follow shortly thereafter with multiple methods for voting. Polls will be open for 2 weeks to allow time for members aged 16+ to vote.

NOTE: Council will appoint 3 representatives to each committee following the community committee election process for a 4-year term.

COMMITTEE	COMMUNITY ELECTED
	3-Year Term 2 elected seats + 1 alternate seat
1. Education, Employment and Training Committee	September 2022 to September 30, 2025
2. Emergency Response, Preparedness and Climate Change Committee	
3. Elder's Committee	
4. Finance and Audit Committee** <i>Under our New First Nations Financial Administration Law (FAL) Two (2) Tseshaht elected council members must be official voting members of the Committee.</i> **Members interested in submitting their name for the Finance and Audit Committee must provide a recent Criminal Record check and Vulnerable sector check.	
5. Fisheries and Wildlife Committee	
6. Health and Wellness Committee	
7. Housing Committee	
8. Human Resource (HR) Advisory Committee	
9. Membership Committee	
10. Social Services Committee** (Social Dev./Income Assist., Child and Family Services and other) ** Members interested in submitting their name for the Social Services Committee (dealing with child and family and services) you must provide a recent Criminal Record check and vulnerable sector check.	

Tsashaht Welcome @ New Water Street Dock

Thursday September 1, 2022

**11:00 am @ The New Water Street Dock
(see map below)**



Please join us in a traditional welcoming at the opening of the new Water Street Dock to Tsashaht hahoulthee.

It is important that Tsashaht have strong presence when welcoming a new opening within our hahoulthee/territory.

čamas ?ah?aa?ał k^waapii
(sweets & coffee)
CONVERSATIONS WITH COUNCIL



Tuesday September 6, 2022

10:00 am - 12:00 pm | Great Room

?u?iiswítasin čamas ?ah?aa?ał k^waapii
(we are going to eat/drink sweets and coffee)

Join members of Council drop-in style for conversation, čamas and coffee.



My name is Thomas Hleck, and I am the new Social Development and Health Manager for Tseshahat First Nation. My grandparents are late Chief Thomas Gus Sr and late Margaret Gus (Nee Watts). My mom Joyce is the youngest of her siblings and I grew up off reserve in the Cowichan Valley. I have many fond memories of summers spent at my Grandma's house and at the dam. I am married with 4 kids who I love more than anything and my wife is a member of the Malahat Nation. Previously I worked for the First Nations non-profit, First Nations Health Society, for 16 years. My last position with them was as a Health Director where I learned a tremendous amount about community health and wellness. I am very honored to have the opportunity to come back to my home community to do this work, as a proud Tseshahat member. My goal is to ensure that I can support our Nation by delivering the best possible services to community members. I look forward to hearing from community and supporting anywhere, in any way I can.



Hello, my name is Brenden Lundy-Sam, and I am the new Youth and Recreation Coordinator for Tseshahat First Nation. My parents are Will Sam from Tseshahat and Lisa Lundy, my grandparents are the late Willy Sam Sr. from Tseshahat, Phyllis Sam from Hupacasath and Carol and Gerry Lundy. I am married to Kathleen Lundy-Sam, and we share our two daughters Michaela and Carly. I am looking forward to my new position as Youth and Recreation Coordinator as I have a passion for youth sports and enjoy seeing the personal growth within individuals through sports. On a personal level I love sports, particularly basketball and softball. I also enjoy time spent in the outdoors fishing, swimming, and camping. Watch the Tseshahat First Nation page on Facebook for our upcoming meet and greet and official re-opening of the Youth Center.



My name is Bella Fred. I was raised in Port Alberni by my wonderful parents: Late Judy Joe (parents were Thomas and Veronica Dick); and Late Herbert Joe, (parents were Wilson Joe and Bella Watts). I reside in the Tseshahat community with my family. I have worked at Tseshahat Administration Office for a combined total of 8+ years since 2012.

I began my work here as the Social Development & Health Administrative Assistant and worked my way up to SD & Health Program Manager. I left my employment here in 2019 for nearly 2 years, then reapplied for the SD & Health Manager job in 2021; and after being the successful candidate, I returned to work for Tseshahat. As life is ever changing, my role here at Tseshahat has changed as well; my new role is now the *Director of Membership Services*. This position oversees and supports the departments of Social Development & Health, Housing, Community Services, Language & Culture, Education, Daycare, Public Works, Welcome Centre & Communications. As we have new staff in the SD & Health department, I will work to help support their transition in their new roles, while gradually moving into my new role. It is a great honour to work for our community and a pleasure to work here at the Tseshahat Administration office with such a great team.



Hello, my name is Gina Pearson (naa naa si taks), I am originally from the Namgis Nation of Alert Bay, but I was raised with my Watts family here in Tseshaht since I was a very young infant. My grandparents are late Charlie and Minnie Watts, my mom is Darleen Watts all of Tseshaht. I am your new Elders Coordinator and Child and Family Support Worker. I look forward to working back in our community for all these age groups and provide the best of care that I am able to. I will be working closely within my teams to ensure that my support is as strong as can be by way of my many years of service in other positions within NTC, PAFC, ISC. It's nice to be home and I look forward to all your positive feedback and ideas, chuu (sorry no proper phonetics yet)



Hello, my name is Tamara Mack. I come from Tseshaht (Mother) and Toquaht (Father). Born and raised here on the Tseshaht Reserve. I got the opportunity to be a summer student for a short period of time in 2018, which ended up by turning into a temporary position in Sports & Rec. I also worked with Jane in membership and eventually settled at the Welcome Center. I left the Nation through COVID-19 and returned in the fall of 2021. Since my return I have worked in a couple positions but most recently started as a permanent full-time Administrative Assistant in the Fisheries Department. I feel more than honoured to have the opportunity to work with the band and I have learned several things from different departments here at the Tseshaht Band office. Examples would be working in Membership, Sports & Rec, and the front desk. I have a new found love for working with my community and can't thank the organization enough for this opportunity. All the previous work here has helped me open up to different career choices and explorer how I could help my Nation the most. Thank you again Tseshaht First Nation for choosing me to have this opportunity.

The campfire prohibition does not apply to cooking stoves that use gas, propane or briquettes, or portable campfire devices that use briquettes, liquid or gaseous fuel, provided they are CSA or ULC approved, and the height of the flame is less than 15 centimetres.

FIRE BAN

Coastal Fire Centre

Category 2 and 3 fires were prohibited as of July 15, 2022 – this includes backyard and industrial burning. All burning prohibitions will be in place until October 28, 2022, or until rescinded.



Orange Shirt Tseshaht Distribution

Starting Monday August 22, 2022

12:00 pm - 4:00 pm

As a showing of support to all survivors, we invite all Tseshaht members to wear Orange each Monday leading up to September 30th, Orange Shirt Day. We are walking alongside you on the continuous path of healing. In order to ensure everyone has opportunity to pick up a shirt, distribution will be by the membership list. Members can pick up for other members that are unable to make it in person.

We will start distributing Orange Shirts, free to Tseshaht members, Monday August 22, 2022 from 12:00 pm - 4:00 pm at the Administration building and repeating daily while supplies last.

Cultural Brushings Quu asa & Tsow tun le lum

Tsow tun le lum	Tuesdays Thursdays	12:00 pm - 4:30 pm (dependent on heat)	Effective immediately - September 2, 2022	Family Center
Quu asa	Fridays	9:00 am - 12:00 pm	Ongoing	Administration

?uu?atumin yaqck^{wi}imitqin (Doing it for our Ancestors) is happy to support Tseshaht community members with the ongoing offer of cultural brushings.

**If you have any questions, please call Leanne Harding,
Administrative Assistant at 250.724.1225**

International Overdose Awareness Day

Tsasha Hosts

Wednesday August 31, 2022

12:00 pm | Safe Injection Site

We will be hosting a Spaghetti Luncheon at the Safe Injection Site in acknowledgment of International Overdose Awareness Day.

If you have any questions, please contact Gail K. Gus at 250.731.6622

Tsasha Elders Luncheon

Wednesday September 21, 2022

11:00 am - 2:00 pm | Maht Mahs

If you are interested in attending or have questions please contact Elders Coordinator, Gina Pearson at 250.724.1225



*Incomplete applications will delay payment

Tseshah First Nation

5091 Tsuma-as Drive, Port Alberni, B.C. V9Y 8X9

Tel: (250) 724-1225 Fax: (250) 724-4385

SCHOOL SUPPLIES APPLICATION

Student Name	Birthday	Band # 665- Mandatory field, application will not be processed if incomplete	School	Grade	Office Use Only

Address:

City:

Postal Code:

Phone #:

Cell # (if applicable):

Email:

Grade 7-12 students are eligible to receive a student monthly allowance, please contact the First Nation liaison at your children's school and request to send Attendance to our office at the end of every month. Clothing allowance on page 2

Parent/ Print Name

Parent/Guardian Signature:

Parents Status #:

Please circle

Mail or Pick up cheque.

OFFICE USE ONLY

AUTHORIZATION: G/L 10-60330-300	EDUCATION: CHEQUE #:	MEMBERSHIP: CHEQUE DATE: / /
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Clothing Allowance		
Student Name	School	Grade
*Parent/Guardian Signature:		

*The clothing allowance is only available to students in grades 7-12. The rate is \$125.00 per student.

HEAT WARNING



Watch for signs of heat-related illness and learn ways to keep cool.



HEAT EXHAUSTION

OR

HEAT STROKE

Faint or dizzy



Throbbing headache

Excessive sweating



No sweating



Cool, pale, clammy skin

Body temperature above 103°
Red, hot, dry skin



Nausea or vomiting



Nausea or vomiting

Rapid, weak pulse



Rapid, strong pulse

Muscle cramps



May lose consciousness



- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives

NORTH ISLAND COLLEGE

Indigenous Language Fluency Certificate (ILF) in Nuu-chah-nulth Language

Explore Indigenous language through this unique certificate program. You'll draw on local Indigenous knowledge systems, ways of knowing, and protocols through experiential and land-based learning to explore the values and beliefs encoded in Indigenous language. This cohort based program will help you to unearth the understanding of how language forms the foundation of all Indigenous relationships.

These courses are offered in a digital scheduled format where students participate in a digital classroom, using a video conferencing system, as well as completing some independent work. Students will be required to come together in person 2-3 times per semester. Students, instructors and language speakers will meet at specified times each week. Computer and internet required.

September 2022 – December 2023

Tuition free to Nuu-chah-nulth community members.

For more information, contact:

Anna Masso at annamasso1217@gmail.com



www.nic.bc.ca/indigenous-studies



For more information, please
email Luke.George@nic.bc.ca or
call 250-724-8746



2022

Tseshahat Garbage Pick-up




Regular Pick-up							Holiday Pick-up													
JANUARY							FEBRUARY							MARCH						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1		31	1	2	3	4	5		28	1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26
23/30	24/31	25	26	27	28	29	27	28						27	28	29	30	31		
APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	7				1	2	3	4
3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11
10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18
17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25
24	25	26	27	28	29	30	29	30	31					26	27	28	29	30		
JULY							AUGUST							SEPTEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6					1	2	3
3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24
24/31	25	26	27	28	29	30	28	29	30	31				25	26	27	28	29	30	
OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1			1	2	3	4	5					1	2	3
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24
23/30	24/31	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31

Collection Schedule



 : Recycling  Holiday

May 2022

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9 	10	11	12	13	14
15	16	17	18	19	20	21
22	23 	24 	25	26	27	28
29	30	31	1	2	3	4

June 2022

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6 	7	8	9	10	11
12	13	14	15	16	17	18
19	20 	21	22	23	24	25
26	27	28	29	30	1	2

July 2022

S	M	T	W	T	F	S
26	27	28	29	30	31 	2
3	4 	5	6	7	8	9
10	11	12	13	14	15	16
17	18 	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6



August 2022

S	M	T	W	T	F	S
31	1 	2 	3	4	5	6
7	8	9	10	11	12	13
14	15 	16	17	18	19	20
21	22	23	24	25	26	27
28	29 	30	31	1	2	3

September 2022

S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5 	6	7	8	9	10
11	12 	13	14	15	16	17
18	19	20	21	22	23	24
25	26 	27	28	29	30	1

October 2022

S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10 	11 	12	13	14	15
16	17	18	19	20	21	22
23	24 	25	26	27	28	29
30	31	1	2	3	4	5

November 2022

S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7 	8	9	10	11 	12
13	14	15	16	17	18	19
20	21 	22	23	24	25	26
27	28	29	30	1	2	3

December 2022

S	M	T	W	T	F	S
27	28	29	30	1	2	3
4	5 	6	7	8	9	10
11	12	13	14	15	16	17
18	19 	20	21	22	23	24
25 	26	27	28	29	30	31

For more information on what can be put in your curbside recycling bins visit www.recyclinginbc.ca

PLEASE ENSURE THAT YOUR RECYCLABLES ARE CLEAN WHEN PUT OUT FOR RECYCLING

For service inquiries contact Waste Management @ 1-800-774-9748



Recycling Pick-Up Day

RECYCLING BLUE BOX IS TO BE PLACED AT THE CURB BEFORE **7:00 am** ON COLLECTION DAY



Statutory Holidays

If a Statutory Holiday falls on a Monday, pick-up will happen the following day regular pick-up day



RECYCLEBC™



ALBERNI-CLAYOQUOT
REGIONAL DISTRICT