



~ *Creating a new Path* ~
A Sacred Journey

Feb 16, 17, 18 & March 15, 16, 17, 2023

CONTACT - gkgus@tshaht.com for more information

This 6-day personal development workshop series is transforming families, communities and organizations nationally.

Are you interested in supporting health and wellness in your family and community - Addressing grief and loss, identifying our limiting beliefs and where they came from. Then this workshop is for you!

Personal and community development requires integrated experiential learning opportunities.

Balance in our personal life contributes to health, healing and wellness in our families.

Embedding traditional knowledge into all our work offers the opportunity to increase our intellectual, physical, emotional, and spiritual intelligence



Facilitated by Tammie Myles
Master Facilitator
With over 35 Years of Experience
www.motherearthwhispers.com

INDIGENOUS
APPROACH TO
WELLNESS AND
PERSONAL
DEVELOPMENT
TRAINING

—
TRADITIONAL VALUES
AND PRINCIPLES,
VISIONING

—
INTENSIVE PERSONAL
DEVELOPMENT, HEALTH
AND WELLNESS

—
LATERAL KINDNESS AND
CREATING HEALTHY
FAMILIES THROUGH
CULTURE

—
ELDERS TEACHINGS,
HEALING CEREMONIES,
TRADITIONAL

HOSTED BY

**TSESHAHT
FIRST NATION**



