



HISHUK'ISH TSAWALK

TSESHAHT FIRST NATION NEWSLETTER

VOLUME 5, ISSUE 6

DECEMBER 6, 2022

**Wishing you all a very Merry Christmas
& Health & Happiness for 2023!
From all the Administration Staff**

OFFICE CLOSURES

Tseshaht Administration Office will be closed at 12pm December 9, 2022 & 12pm December 16, 2022.

Our Christmas Closure begins December 19, 2022 until Tuesday January 3, 2023.

All Facilities will also be closed for all rentals December 18, 2022 - January 3, 2023.

Member Distribution TFN Forestry Companies

**Wednesday December 7, 2022
8:30am-4:00pm | Admin Office**

**All Tseshaht Members (registered as of December 1, 2022) will receive a
ONE-TIME 2022 Tseshaht Forestry Revenue distribution of \$350.**

All members ages 12 & up can pick up their cheque.

For members 11 & under cheques will be distributed to their parent or guardian.

**Members requesting someone else to pick up their cheque must contact Chelsey McIntosh (cmcintosh@tseshaht.com
or 250.724.1225) & provide the full name of the cheque recipient & name of person picking up cheque.**

Cheques not picked up by end of day December 15, 2022 will be mailed.

Please note this distribution is made possible because of our Tseshaht Forestry companies.

General Information on Tseshaht Membership Application & Information Updates

Have you recently had a baby? A friendly reminder to register them with Tseshaht!

A reminder to Tseshaht members to register your newborn children with Tseshaht Membership Clerk, Michelle Colyn. Tseshaht has a registration process for the addition of members onto the Tseshaht First Nation Band Membership List. This is a two page application form that also requires a copy of your child's birth certificate that has both parent's names listed. Newborn/Children Tseshaht Membership Application packages can be accessed via:

- Tseshaht Welcome Centre (front desk of the admin building)
- From Michelle during her office hours or by email anytime
- The baby welcome packets Nuuchahnulth Tribal Council nursing staff provide to the Tseshaht families they support in their prenatal and maternal programs.

Please note that the Tseshaht Band Membership registration process is different than the Indian status number registration process. To apply for an Indian status registration number for yourself or your child, contact the NTC's Indian Registration Administrator, Randy Ginger. Randy can be reached at Randy.Ginger@nuuchahnulth.org / 250-724-5757.

Finally, a reminder to provide any updated contact information to Michelle so our membership list can be kept up to date properly. This could include: address changes, phone number changes, email changes, name changes, and more. This information can be done at any time by going to our website at: <https://tseshaht.com/membership-information-changes/>

Michelle's office hours are typically Mondays and Thursdays 11:00pm-4:00pm, Wednesdays 9:00am-12:00pm however she also works Fridays 8:00am-10:00am from home so can be reached by email anytime: mcolyn@tseshaht.com

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WEST COAST WINTER WONDERLAND

DECEMBER 1 - 26, 2022



Enjoy **FREE** admission and skate rentals at any of our generously sponsored Winter Wonderland skates!

DATE	TIME	SPONSOR
Thursday, Dec 1, 2022	6:30 – 8:30 pm	Alberni Valley Bulldogs
Saturday, Dec 3, 2022	2:00 – 4:00 pm	Alberni District Teacher's Union
Sunday, Dec 4, 2022	2:00 – 4:00 pm	Canadian Tire
Monday, Dec 5, 2022	6:30 – 8:30 pm	CUPE #118
Thursday, Dec 8, 2022	6:30 – 8:30 pm	PA District Labour Council
Sunday, Dec 11, 2022	2:00 – 4:00 pm	PA Toy Run
Wednesday, Dec 14, 2022	6:30 – 8:30 pm	Robbins & Company
Friday, Dec 16, 2022	6:30 – 8:30 pm	Port Alberni Port Authority
Saturday, Dec 17, 2022	2:00 – 4:00 pm	Alberni District Co-Op
Sunday, Dec 18, 2022	2:00 – 4:00 pm	DPAC
Monday, Dec 19, 2022	12:00 – 2:00 pm	MP Gord Johns
Tuesday, Dec 20, 2022	6:30 – 8:30 pm	RE/MAX Mid-Island Realty
Thursday, Dec 22, 2022	12:00 – 2:00 pm	Boomerangs
Friday, Dec 23, 2022	12:00 – 2:00 pm	Funtastic Events
Monday, Dec 26, 2022	12:00 – 2:00 pm	Beaver Creek Home Centre
Monday, Dec 26, 2022	6:30 – 8:30 pm	Tseshah Market

PORT ALBERNI PARKS, RECREATION AND HERITAGE





Tseshah First Nation

Social Development and Health Newsletter

NOV, 2022

Annual Renewals

Will be in March and appointments will be booked on February 28th, 2023, during cheque issue day. You and/or your Spouse will be required to attend the meeting in order to complete the renewal. The following is a list of items you must bring to the meeting.

Check List for Annual Renewal

- Applicants 2 pieces of photo ID
- Confirmation of Social Insurance Number(s)
- Spouse's 2 pieces of Photo ID
- Children's 1 piece Identification
- Most current Hydro Bill
- Most Current Phone Bill
- Bank Statement(s)
- Tenancy Agreements
- Last Current Pay Stub (if applicable)
- Current Mortgage Papers

Please Declare Earnings/Income

Please declare your earnings – If you've submitted your renewal slip on time by the 15th, any earnings received/expected by the end of the month are to be reported to Tseshah Social Development.

Per ISC policy, income received in one month is used to calculate benefits for the next month. If applicable, please provide paystub copies to Tseshah Social Development.

You may contact Lillian, Social Development and Health Assistant at 250-724-1225 ext 206
ldick@Tseshah.com

Employable Clients – Job Search Forms

All Employable clients are required to submit job search forms each month. Please complete a job search form every month & submit them by the date indicated on the calendar. Failure to submit a job search form may result in a delay to the release of your cheque.

Signing Document Copies

Please sign & date all document copies that you drop off at the Welcome Centre: ID, bills, bank statements etc. The front desk staff will have a "certified true copy" stamp available.

Cheque Issue Date/Time Reminder

Cheque Issue Date:

LAST BUSINESS DAY OF MONTH

(Unless indicated otherwise on Calendar)

Times:

9:00am – 11:30 and 1:00pm – 3:30pm

TAX SEASON

All Social Development T5007 slips will be ready for issue in February 2023

Kleco Kleco

Emergency Services:

911, Police, Fire, Ambulance

Kuurus Crisis Line Adult: 250-723-4050

Teen: 250-723-2040

Non-Emergency Help:

Quuasa – 250-724-3939

Cheque Pick up Dates

Inflation Supports

Nov./Dec. Supports

December 14, 2022

9:00 am – 12:00 pm

Income Assistance

January

December 28, 2022

10:00 am – 12:00 pm

Inflation Supports

Jan. Supports

January 13, 2023

9:00 am – 12:00 pm

1:00 pm – 3:00 pm



ĩatũusminĩ - stars



čuŕiĉh – winter

Office Closures Notice

Friday December 9, 2022 - Closed @ 12:00 pm

We will be closing early for our Staff Christmas Gathering

Have a safe and enjoyable weekend
Tseshaht Administration Staff,
Elected Chief Councillor
& Elected Members of Council



Tseshaht Administration Christmas Hours

*We will be closed at
12 noon on Fri. Dec. 16, 2022*

*We will be closed
Dec. 19, 2022 - Jan. 2, 2023*

*We will re-open with regular business hours
Tuesday January 3, 2023*

**Please note Tseshaht Facilities will not be available for rentals
from Sunday December 18, 2022 - Tuesday January 3, 2023**





ἄααας – tree

c'isaa?ath Language Program update:

Summer has come and gone. We have jumped into the Fall and Winter months of incredible language work! Thank you to Tseshaht and North Island College for the new facelift at the Language House. Our newly renovated language space is so refreshing and welcoming. In the coming months we look forward to keeping you updated through our Tseshaht Language Facebook page, Tseshaht newsletters, community engagement and the Annual Tseshaht AGM. We wanted to take the time to introduce our language team.

Language Team	FirstVoices Team
Dawn Foxcroft – Program Coordinator	Grant Watts – Data technician
Linsey Haggard – Lead Language worker	Jocelyn Dick – Admin and Data technician support
Kathaleen Good – Language worker and Program support	Josh Goodwill – First Voices support and Communications

Our Intensive Language Program started October 4th, 2022, and will run straight through to June 2023. We would like to thank all the Intensive Language Program applicants for their interest in the program, unfortunately we are not able to accept everyone at this time and hope to see you at other upcoming language opportunities. We would like to welcome our new 1st year cohort of language learners who will start to learn our milestone 1 lessons and WAYK (Where Are Your Keys using a form of American sign language for teaching and learning). We would like to also welcome back our second-year language learners. They will start milestone 2 lessons while helping teach and support the 1st year learners. Our language learners are also helping to build the intensive program with us through testing lessons and evaluating processes and systems. Meet our language learners!

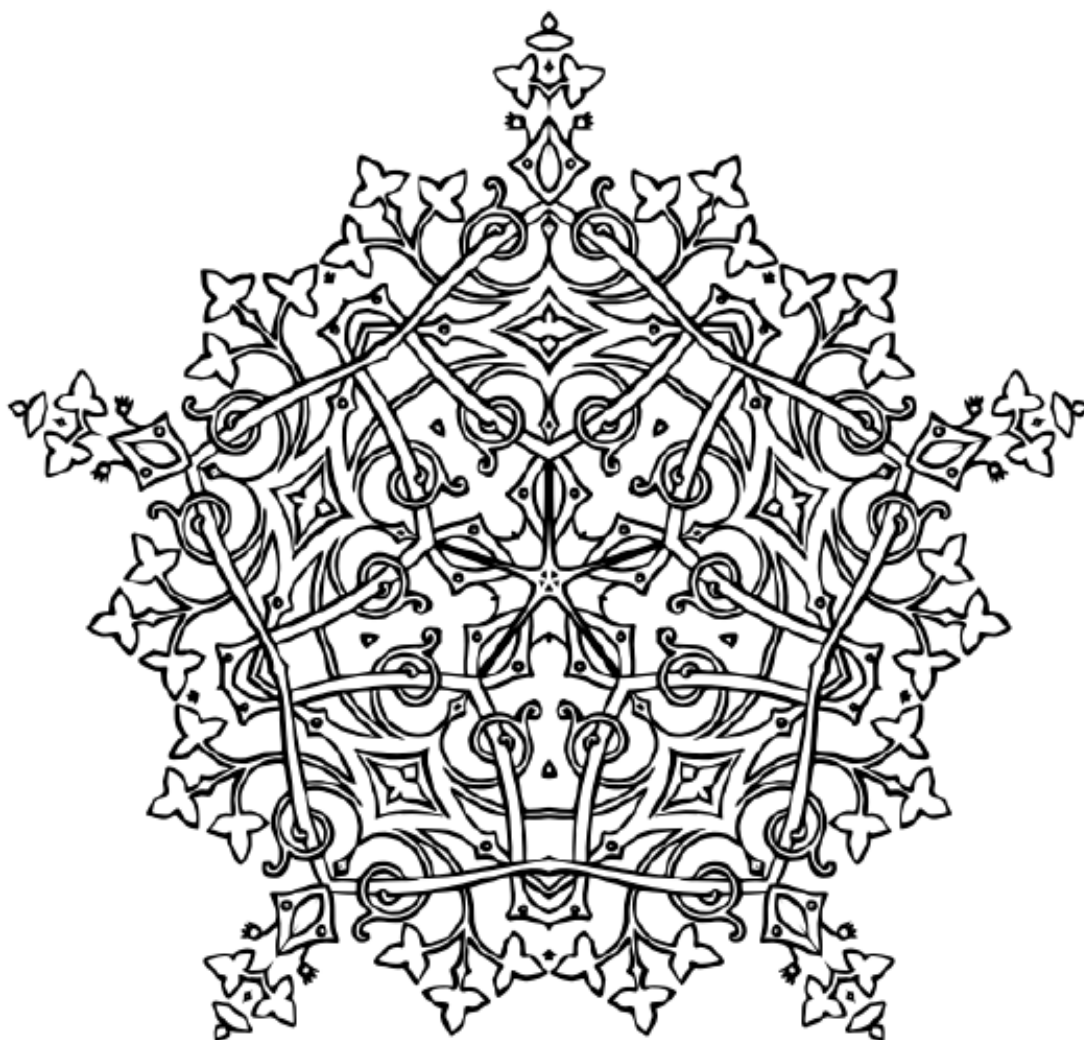
1 st year intensive learners	2 nd year intensive learners
Jocelyn Dick	Kelly Foxcroft-Poirier
Christine McCarthy	Jeff Gallic
Brianna Tate	Josh Goodwill

Christine Hintz

Our FirstVoices team continues to meet with our fluent speakers every Tuesday and Thursday afternoon to share knowledge, food, and lots of laughter. The FirstVoices team continues to train, upload, edit, interview, record, and ensure the FirstVoices website is up to date with our older and newer data. Check out our FirstVoices portal where words, phrases, and stories are being added all the time to support language learners and teachers. www.firstvoices.com and all c'isaa?ath.

Our Language Program has again been successful in acquiring funding from First People's Cultural Council receiving the Pathways and Language and Technology Grants for the 2022-2023 program year. Our program is possible because of the support of these funds along with the gaming funds from the Nation. We are hopeful, that with the Language Legislation the AFN is spearheading, that soon we will have more sustainable long-term funding that can support our growing program and team.





k^wiis – snow

December 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4 Girls Warriors-11- 1:30pm @ Youth Cen- ter Beadng-10-4pm-Old Sewing Center	5 Boot Camp-4:45-6pm @Maht Mahs Men's Support Group- 6:30-8:30pm @ Family Center House of Regalia-6:30- 8:30pm @Old Sewing Center	6 Yoga-5-6pm @Family Center Coffee w/Council-10- 12pm @ Great Room Special Information Session-12-1pm @ ZOOM 6:30-8pm-Great Room & ZOOM	7 Forestry Distribution- 8:30-4pm @ Admin Building Boot Camp-4:45-6pm @Maht Mahs Community Meeting-7- 9:30pm @ Great Room Online & TeleVoting Begins 8am	1 Yoga-5-6pm @Family Center- Cancelled Beadng-10-4pm-Old Sewing Center	2 Vaccine Clinic-11- 5:30pm @Great Room Boot Camp-4:45-6pm @Maht Mahs Beadng-10-4pm-Old Sewing Center Brushings 9-12pm- Admin Building	3 Beadng-10-4pm-Old Sewing Center
11 Cedar Weaving-Maht Mahs Online & TeleVoting	12 Boot Camp-4:45-6pm @Maht Mahs Men's Support Group- 6:30-8:30pm @ Family Center House of Regalia-6:30- 8:30pm Online & TeleVoting	13 Yoga-5-6pm @Family Center Online & TeleVoting	14 Iwachis Voting-8-8pm @ Great Room Boot Camp-4:45-6pm @Maht Mahs Elder's Christmas Din- ner-5pm @Maht Mahs Online & TeleVoting Ends 8pm	8 Yoga-5-6pm @Family Center Online & TeleVoting	9 Boot Camp-4:45-6pm @Maht Mahs Brushings 9-12pm- Admin Building Online & TeleVoting Culture Night 7-9pm @ Cultural Center	10 Cedar Weaving-Maht Mahs Online & TeleVoting
18 Community Christmas Dinner-5pm-Maht Mahs	19 Closed-Christmas Break	20 Closed-Christmas Break	21 Winter Solstice Closed-Christmas Break	22 Closed-Christmas Break	23 Closed-Christmas Break Culture Night	24 Christmas Eve
25 Christmas Day	26 Boxing Day Closed-Christmas	27 Closed-Christmas Break	28 Closed-Christmas Break	29 Closed-Christmas Break	30 Closed-Christmas Break Culture Night	31 New Year's Eve

DECEMBER 2022						
S	M	T	W	T	F	S
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

2023

Tseshaht Garbage Pick-up



Regular Pick-up							Holiday Pick-up						
JANUARY							FEBRUARY						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7				1	2	3	4
8	9	10	11	12	13	14	5	6	7	8	9	10	11
15	16	17	18	19	20	21	12	13	14	15	16	17	18
22	23	24	25	26	27	28	19	20	21	22	23	24	25
29	30	31					26	27	28				
MARCH							APRIL						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4							1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23/30	24	25	26	27	28	29
MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6					1	2	3
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29	30	
JULY							AUGUST						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1				2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23/30	24/31	25	26	27	28	29	27	28	29	30	31		
SEPTEMBER							OCTOBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	7
3	4	5	6	7	8	9	8	9	10	11	12	13	14
10	11	12	13	14	15	16	15	16	17	18	19	20	21
17	18	19	20	21	22	23	22	23	24	25	26	27	28
24	25	26	27	28	29	30	29	30	31				
NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1	2
5	6	7	8	9	10	11	3	4	5	6	7	8	9
12	13	14	15	16	17	18	10	11	12	13	14	15	16
19	20	21	22	23	24	25	17	18	19	20	21	22	23
26	27	28	29	30			24	25	26	27	28	29	30



 : Recycling |  : Holiday

December 2022

S	M	T	W	T	F	S
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

February 2023

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	1	2	3	4

March 2023

S	M	T	W	T	F	S
26	27	28	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

April 2023

S	M	T	W	T	F	S
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

May 2023

S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

June 2023

S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

July 2023

S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

August 2023

S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

September 2023

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2023


S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

November 2023

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

PLEASE ENSURE THAT YOUR RECYCLABLES ARE CLEAN WHEN PUT OUT FOR RECYCLING

For service inquiries contact Waste Management @ 1-800-774-9748

 Recycling Pick-Up Day

RECYCLING BLUE BOX IS TO BE PLACED AT THE CURB BEFORE **7:00 am** ON COLLECTION DAY

 Statutory Holidays

If a Statutory Holiday falls on a Monday, pick-up will happen the following day
regular pick-up day





RECYCLEBC™



ALBERNI-CLAYOQUOT
REGIONAL DISTRICT







Curb-Side Recycling Guide—For Printed Paper and Product Packaging ONLY —funded by Recycle BC

Accepted in Curb-side Materials that can be mechanically sorted	Accepted in Curb-side Materials that can be mechanically sorted	NOT accepted in curb-side Materials that contaminate recycling
PAPER / CARDBOARD  CONTAINERS  <p>Empty and rinse containers, labels OK. Place caps, pumps lids loose in recycling container. Put metal lids in cans. NOTE: Greasy paper, cardboard or dirty containers cannot be recycled.</p> <p>You can also recycle these at Recycle BC depots—see over leaf.</p>	<ul style="list-style-type: none"> Newspapers, inserts, flyers, catalogues, magazines, telephone books—(Remove plastic wrap) Household paper, paper gift wrap and greeting cards Shredded paper—in paper or plastic bag Paper bags, with single, multiple paper or plastic layers for pet food, flour etc. Boxboard boxes (Remove food, liners, flatten) Moulded box board for egg cartons, beverage carry out trays etc. Cores from paper towels, toilet tissue Corrugated cardboard for shipping groceries, etc. Plastic or paper take-out cups, bowls, lids Plastic bottles, jugs, jars, tubs and trays Caps, tops, lids and pumps Rigid clamshells for baked goods, fruit etc. Plastic plant pots and seedling trays Plastic pails, less than 25L e.g. laundry detergent Cartons for soup, milk, sauces, ice-cream etc. Metal cans and lids for food Empty aerosol cans and caps (food, toiletries) Microwaveable bowls and cups Spiral wound cans and lids for frozen juice concentrate, chips etc. Aluminum foil wrap, take out containers <p>For more detailed lists about Recycle BC items visit: https://recyclebc.ca/what-can-i-recycle/ or download https://recyclebc.ca/app/</p>	<p>Materials collected by Recycle BC at the Recycling depots—see details on over-leaf</p> <ul style="list-style-type: none"> Glass, plastic bags, over-wrap and plastic foam containers: Must be collected separately as they shard and contaminate the rest of the recycling or jam the sorting machinery Other flexible plastics: Collected separately for pilot waste to energy program, <ul style="list-style-type: none"> Chip or foil bags, Foil wrap with paper Crinkly wrappers and bags Flexible packaging with plastic seal Stand-up and zipper lock pouches Woven and net plastic bags Non-food protective packaging (e.g. padded envelopes) Non-recyclable materials <ul style="list-style-type: none"> Paper towels, napkins, tissues Straws, rubber bands Plastic cutlery, plates, cups Toys, ceramic pots, lawn edging, tarps, plastic furniture, garden hoses, string, rope <p>No Hazardous Materials—Batteries, syringes, bleach containers (unless well-rinsed with water), propane tanks or cylinders, paints, motor oil, solvents, containers labelled danger, poison, etc.</p> <p>To recycle an item not listed here, go to: https://www.rcbc.ca/recyclepedia/search, download https://www.rcbc.ca/services/recyclepedia-app or call the Recycling Hotline: 1-800-667-4321</p>



Recycle BC Depot* Recycling Guide—For Printed Paper and Product Packaging

*3620 3rd Ave and Alberni Valley Landfill, Port Alberni * 570 B Bamfield Rd, Bamfield* 640 Warren Way, Tofino * 333 Forbes Rd , Ucluelet

Recycle BC recyclable materials collected			Recycle BC Other Flexible Plastics collected for waste to energy program	
Paper, cardboard, containers as for curbside – see details overleaf				
Plastic bags and over-wrap	Foam packaging	Non-deposit glass bottles and jars		
				
Accepted	Accepted	Accepted		
<ul style="list-style-type: none"> Bags for groceries, dry cleaning, bread, newspapers, flyers Bags for produce, dry bulk foods, frozen vegetables Outer bags and wrap for diapers, feminine hygiene products, paper towels, tissues, soft drink flats Bags for water softener salt and garden products Overwrap on mattresses, furniture, electronic equipment 	<ul style="list-style-type: none"> Plastic foam containers for meat and produce Foam egg cartons Foam clamshells, cups and bowls for take-out Foam cushion packaging to protect electronics, small appliances, etc. 	<ul style="list-style-type: none"> Clear or coloured non-deposit glass 		
Not accepted	Not accepted	Not accepted		
<ul style="list-style-type: none"> Kitchen stretch wrap Biodegradable, compostable packaging Garbage bags, any colour 	<ul style="list-style-type: none"> Squishy or flexible foam Foam peanuts, packing chips or noodles Blue or pink foam insulation 	<ul style="list-style-type: none"> Drinking glasses, dishes or glass cookware Mason jars Whole or broken window glass or mirrors Ceramic products 		
For more detailed lists visit: https://recyclebc.ca/what-can-i-recycle/ or download the Recycle BC app at https://recyclebc.ca/app/			<p>Follow the instructions of Depot Personnel</p> <p>To recycle an item not listed here: Go to: https://www.rcbc.ca/recyclepedia/search Download https://www.rcbc.ca/services/recyclepedia-app Call the Recycling Hotline: 1-800-667-4321 Visit: https://www.acrd.bc.ca/recycling</p>	