



HISHUK'ISH TSAWALK

TSESHAHT FIRST NATION NEWSLETTER

VOLUME 2, ISSUE 9

Inside this issue:

Community Meeting	2	Mental Wellness	13
FNHA Health Benefits Info Session	3	CCP Update	14
AIRS Healing Event	4	ʔaaqinʔaphak? - What Are You Doing	15
AIRS Event - Crafting	4	Transitional Housing Info	16
Language House Naming Celebration	5	Codependents Anonymous	17
Language Update	6	Social Cultural Supports Program.....	18
Language Survey	7-11	Chief Councillor's Report - Available	
Language—Greetings	12	@ Monday's Community Meeting	

WE'RE GOING PAPERLESS!

Starting with this newsletter we are planning to go paperless. Less paper, less printing, less waste, more savings!

There are some things that will still need to be printed, but if we can start to reduce the amount we are printing the better it will be for everyone.

We are looking to start by providing newsletters to as many members as possible via email.

Join the newsletter email distribution list by sending your contact information to:

community@tseshaht.com

OFFICE CLOSURES

*Tseshaht Administration
Office will be closed at 3pm
Friday October 11 & closed
Monday October 14 for
Thanksgiving Day*

ORANGE BRIDGE CANNABIS GRAND OPENING



On September 11th, 2019, the Tseshaht First Nation be celebrating the grand opening of their 100% owned and operated provincially licensed retail cannabis store, Orange Bridge Cannabis. Excitingly, this marks the first retail license for a First Nation on Vancouver Island, and possibly across BC. Orange Bridge Cannabis is ideally located on Highway 4 at the Tseshaht Market, enroute to Tofino and Ucluelet through our community.

Staff

Orange Bridge Cannabis is proud to employ Tseshaht members, Tammy Lucas, Assistant Manager, Patricia Jimmy, Supervisor, Ruth Sam, Christine Fred, and others Customer Service & Sales Representatives. As well as Ron Kyle, Store Manager.

TSESHAHT NOTICE

Community Meeting



MONDAY – SEPTEMBER 16, 2019

7:00 PM @ TFN Great Room

**\$100
Door Prize**

Snacks

Agenda:

- Dangerous trees
- Land claims panel update
- Committee and Market Board honorarium rates
- Emergency Preparedness Committee – expand scope of work; and recommendation on new construction
- Facility bookings for cultural use
- NTC reconciliation update
- Market complaints resolution process
- Council updates on activities and portfolios

TSESHAHT NOTICE



COMMUNITY INFORMATION MEETING



TUESDAY – SEPTEMBER 17, 2019
7:00 PM @ TFN Great Room

FIRST NATIONS HEALTH AUTHORITY

The First Nations Health Authority (FNHA) engaged with First Nations communities and health care providers across the province to learn how we can improve dental, vision and MS&E benefits to support the wellness journey of First Nations people in BC.

YOUR NEW PLAN launching Sept. 16, 2019

FNHA has partnered with non-profit, BC-based health benefits organization Pacific Blue Cross to administer dental, vision and MS&E benefits.

Attend this information meeting to find out more about new plan changes regarding:

- ▶ Vision care
- ▶ Dental care
- ▶ Pre-approvals
- ▶ Pay-direct claims
- ▶ Online and mobile app claims
- ▶ Reimbursements
- ▶ Ability to check coverage and limits online 24/7



Tseshaht Family Center
Sept. 16-20 & 23-25
10am - 3pm daily
&
Sept. 11, 14, 15, 18, 21 & 22
6pm - 10pm nightly

We need your help in creating 600 gifts to present to event registrants during our Reclaiming Lost Souls of the Alberni Indian Residential School event September 27 & 28, 2019. **We cannot do this without the support of our own community.**

Please come lend a hand wrapping feathers, creating mini drums, gathering devils club for beads and Indian medicine.

We hope to see you there!

HEALING EVENT



Reclaiming lost souls of the Alberni Indian Residential School

September 27 & 28, 2019
Tseshaht First Nation
Port Alberni BC

PLEASE JOIN US!

**TSESHAHT LANGUAGE
OPEN HOUSE & NAMING
CELEBRATION**

September 21, 2019

10:00am - 1:00pm

**7000A Pacific Rim Hwy
(Old Tseshaht Nursery Building)**



**Come and help us honour
our elder and language
warrior Kathy Robinson**

Refreshments and snacks provided
Please bring your regalia and drums

For more information contact Dawn Foxcroft
250-735-0344 or language@tseshaht.com



yaa?akuk^win ?uu?uuk^wa?ath (We love our language)

?aaqin?apithasuu (What have you all doing?): Tseshaht Language House Update *Team-Based Mentor Apprentice*

In the month of August four advanced Tseshaht language learners along with two additional advanced Barkley learners were able to come together with fluent speakers Willard Gallic Sr. and Angie Joe to test drive a Team-Based Mentor Apprentice model. This model brings together a team of learners and fluent speakers in an immersion setting. The goal is to create a setting where learners are challenged to speak our language towards becoming conversational speakers

The language learners and fluent speakers met two days a week at our new Tseshaht Language House and spent four hours a day mostly in our language. Our days consisted of talking about our families, telling stories using wordless story-books, talking about our daily news, cooking and sharing meals, and playing games such as UNO and Yahtzee all while staying in our language. The experience was amazing and a great way to learn. Having two fluent elders was a blessing as they could both help us and help each other; it was also ideal to have several students working together who were at a similar language level to all support each other to stay in the language. To finish up our month in this program our group went out for a little adventure to the Harbor Quay where we went for a walk and out for lunch all while staying in our language. It was a great way to end the session and had feedback from people that heard us that it was inspiring to see us using our language. Through this test-drive, we learned a lot about what works well and what needs focus and attention to be able to stay in our language; we were able to develop activities that support language use; and document vocabulary associated with these activities. This model has been proven very successful in other communities across Canada and is something that we look forward to trying again in our language program.

Language Strategy:

To develop the language strategy, we are looking at models of language revitalization from other indigenous communities that are creating speakers and getting input, reaching out to other communities and organizations in Port Alberni that are working in language and getting feedback from our community on priorities moving forward. We have started to meet with individuals in our community who have are involved or have been involved in language work for our Nation, we have hosted a community engagement before a regular band meeting, met with the Language and Culture Committee, and met with the elders at an elders lunch. We will continue engaging community about your vision for our language over the next couple of months. All of this input and information will develop a Tseshaht Language Strategy. Your input matters! take some time to fill out our survey either online or hard copy for an opportunity to win a great prize. Please return the completed hardcopy survey to the Administration Office before October 24th, 2019. Or you can fill out the survey online at: <https://www.surveymonkey.com/r/TseLanguage> the link will be posted on Tseshaht Facebook pages in the coming days.

Special Guests

On September 6th the Language House was visited by a group of Inuit people all the way from the North West Territories. They were on the island learning about what other indigenous communities are doing to revitalize their languages and were interested in hearing about the summer team-based mentor apprentice program we had just wrapped-up. We hosted them for lunch in our house and brought them to the Language pole being carved by Tim Paul down at the Harbour Quay.

Language Resources

In order to build onto our c'išaa?ath First Voices portal we have been reviewing recordings and other language documentation. Willard Gallic and Benson Nookemis have been sharing language through conversations these are being recorded. We are getting additional CDs of the Words and Phrases project made for distribution to community and are working on re-printing the books.



čuk^waač (you all come)

Tseshaht Beginners Language Class

Tuesdays, 6:30pm - 8:30pm, snacks included
Tseshaht Language House (Old Nursery Building)
7000B Pacific Rim Hwy (turn at the First Nations Wildcrafters' sign)

For more information please call 778-421-8503 or
email language@tseshaht.com

Please like our facebook page Tseshaht Language



Join us on Facebook at **Tseshaht Language**



What is your DREAM for our Tseshaht language?

Help us plan a vibrant future for our language! By adding your knowledge and input to this survey we will more clearly identify our community's vision and have a more accurate picture of the current state of Tseshaht Language.

Why are we doing this? Why now?

In 2017 the community gave us direction through the 2017 Draft Community Comprehensive Plan (CCP), on page 18 a goal and five objectives were identified around our language. We want to check-in and build on this input from community to develop a Tseshaht Language Strategy. The strategy will help guide our work in language and support our applications for funding to meet our goals.

Your contribution matters! Once completed your name will be entered into a draw for a great prize drawn on October 24th, 2019.

ʔuʕyakʕiʕeʔic hupʔi niwa (Thank you for helping us!)

1. Why is our Tseshaht language important to you?

2. The Goal identified for our language (2017 Draft Tseshaht CCP):

To have Tseshaht of all ages speaking and understanding our Tseshaht Language

Is this your vision/dream for our Tseshaht Language?

- Yes
 No

Is there anything missing or needs to be added to this goal?

3. Below are the objectives (objectives are the changes we want to see/direction we want to go in) outlined for the language goal (2017 Draft CCP pg. 18).

Please rank in order of priority, 1 being the highest and 5 being the lowest (but still priority)

- Increase language fluency
- Create more language learning resources for community and make resources available for community to access as hardcopy and online
- Use and encourage language at all our gatherings and host gatherings specifically for language use and learning
- Hold up, encourage, and support our elders who wish to teach and share our language and teachings
- Encourage and support families to use language in their homes.

4. Is there anything missing from the objectives listed above in question # 2?

5. What kinds of language activities would you like to see AND like to participate in that help us achieve our goal and objectives?

6. Who are our fluent speakers in our Tseshaht community? (If you are please list yourself)

Fluent speakers can speak and understand their language to the degree that they self- identify or are identified by fellow community members as having the ability to converse and understand the language with no use of English.

7. Who are our semi-speakers in our Tseshaht community? (if you identify as a semi-speaker please list yourself)

Semi speaker can speak and understand but to less of a degree than a fluent speaker. They can be from a younger generation, or those who discontinued using their language due to residential school, urbanization, or employment but maintain some fluency in the language.

8. Who are our language learners in our community? (If you are a learner please list yourself)

learner is anyone in the process of learning her or his First Nations language by participating in any type of language learning method, program or class.

9. How would you rate your abilities in our Tseshaht language? Please check the one that applies.

- None at all
- Know some vocabulary but can't speak in sentences
- Know some words and phrases but have difficulties communicating and understanding
- Somewhat fluent: can make myself understood and understand speakers sometimes
- Fluent:
- Other (please specify)

10. What are some of the barriers for learning our language? Please check all that apply.

- Schedule of classes
- Lack of opportunities to learn
- Desire
- Childcare
- Personal learning style
- Transportation
- Having the time
- Lack of learning resources
- Access to speakers

What else if not listed above?

11. Any additional information, comments, feedback you want to share with us towards planning for our language. Please comment below.

12. What is your age?

- 18 to 24
- 25 to 34
- 35 to 44
- 45 to 54
- 55 to 64
- 65 to 74
- 75 or older

13. What is your gender?

- Female
- Male
- N/A

14. Where do you live?

- On reserve
- Off reserve

If off reserve where are you located?

15. Please include your name to be added to our prize draw!

Name

Email Address

Phone Number

Thank you for taking the time to help us with this important work! If you are filling out a hard copy of this survey please drop-off at the Administration Office's front desk. If you have any questions or would like to do the survey verbally please contact Dawn Foxcroft, Language Coordinator at language@tseshaht.com or by phone 250-735-0344

Huuhtakšiih?aaqłin ?uu?uuk^wa?ath
 (we are going to learn our language)
Greetings in the Barkley dialect

łuł?ałma náas:	it's a good day
łuł?ałma ku?ał:	it's a good morning
łuł?ałma ?apwınsk^wii:	it's a good afternoon
łuł?ałma tuupšıl:	it's a good evening
?uh?ałhak:	is that you?
haa?a ?uh?ałah:	yes, it's me
čáčimhıhak:	are you ok?
haa?a čáčimhımah:	yes, I'm ok
?uu?uuqukma:	it's nice out
?u?aałukh?i?aał:	take care always

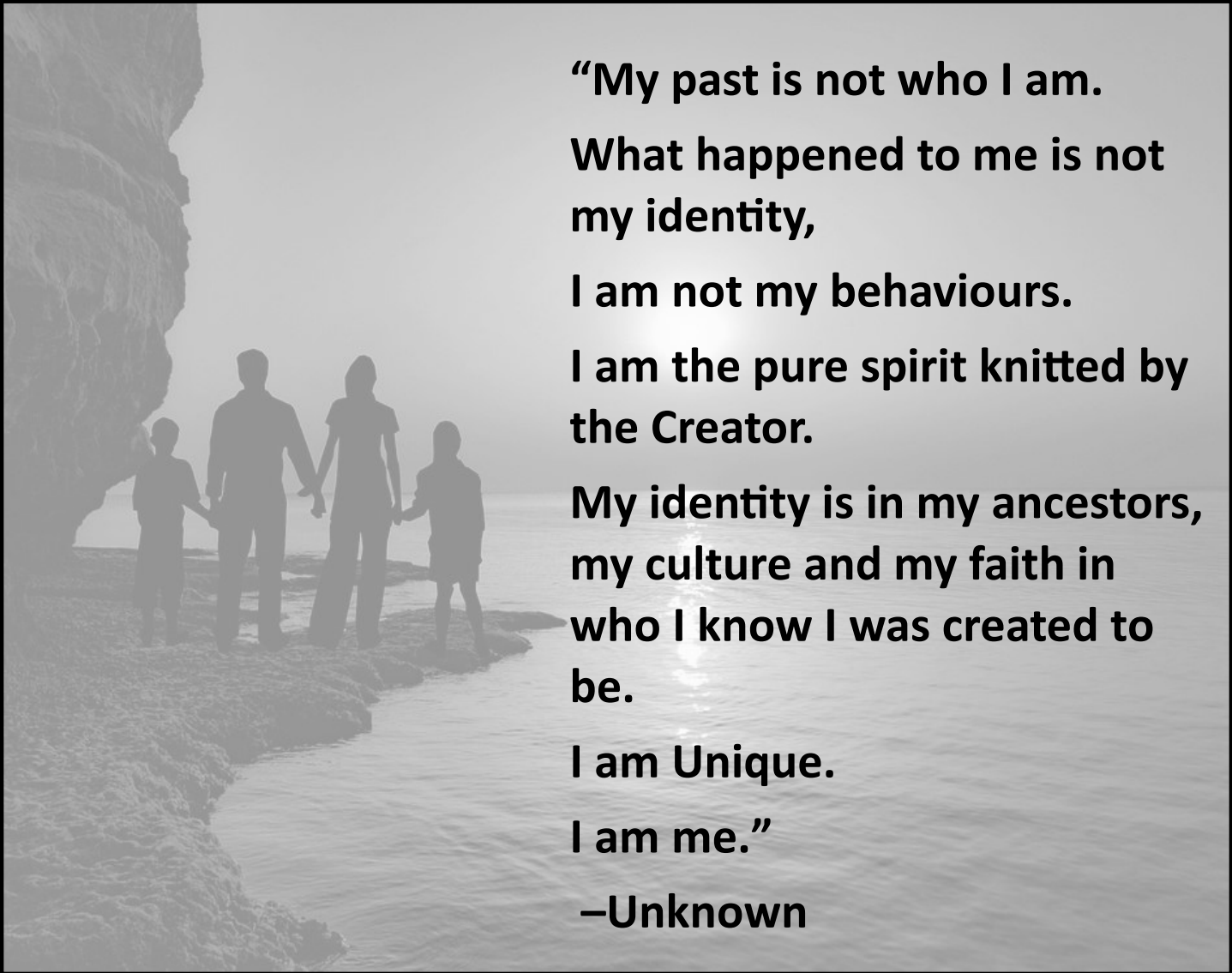
Video link to learn the alphabet

Follow along with teachers Lena Ross and Late Linda Watts and learn the pronunciation of the Nuu-chah-nulth phonetic alphabet. Then try it yourself with a test at the end of the lesson. Each time you watch try to focus on something different for example watch the teacher then watch again but this time. Go to:

https://www.youtube.com/watch?v=pkVMc_j8ZD0

or search Nuu-chah-nulth Alphabet online.





**“My past is not who I am.
What happened to me is not
my identity,
I am not my behaviours.
I am the pure spirit knitted by
the Creator.
My identity is in my ancestors,
my culture and my faith in
who I know I was created to
be.
I am Unique.
I am me.”
–Unknown**

Youth Outreach & Counselling @ The Family Center

When: 5:00pm-12:00 midnight

Who: Any Youth or Adult

Wednesdays: Women’s drop-in 6:00pm-8:00pm

Thursdays: Youth drop-in 5:00pm-12:00midnight

Fridays: Relapse prevention for NA 6:00pm-8:00pm

Saturdays: Drop-in Counselling 5:00pm-12:00midnight

Sundays: Families effected by Addiction Support Group 6:00pm-8:00pm



Tsashaht Community Comprehensive Plan Update:

September 12th, 2019

CCP Champion: K^waacaapi - Josh Goodwill

Good Day Tsashaht!

The CCP process is underway! I am excited to work with the CCP Working Group “Pawaac” on the current CCP draft! We will be engaging with community from now until March 31, 2020. Here is an update on what has been going on, and what will be coming up!

Completion Update:

- Formation of the Tsashaht CCP Working Group: Representative of Tsashaht Households
- Tsashaht Community Comprehensive Plan Working Group: Terms of Reference: Deadline September 12th, 2019 7pm (Chief and Council Meeting)
- New CCP **C'ışaa?ath** Logo
- CCP **C'ışaa?ath** Brochure
- First Introduction Dinner with the CCP Working Group “Pawaac” (Nest): September 3rd, 2019: 7pm-9:30pm
- Office Space (Language House)

Currently Working on:

- CCP Draft: Deadline March 31st, 2020.
- CCP Work plan(Deadline before next CCP Working Group meeting)
- Next Meeting September 17th, 19th, or 22nd.
- Meetings Bi-Weekly
- Event Planning for: *September 2019, October 2019, November 2019, January 2020 February 2020, March 2020*
- Community Engagement: CCP Social Media Account, Polls, Surveys, family engagement meetings, and community presence.

Upcoming Dates to Remember:

- September 9th, 2019: Language Meeting/Community Engagement
- September 21st, 2019: Language House Welcoming/Open House
- September 24th, 2019: Trip to Broken Groups: Language, Culture & Elders engagement
- September 27th, 28th, 2019: Residential School: Reclaiming our Souls
- October 14th- 16th, 2019: CCP Conference – Agassiz B.C.
- November 14th, 15th, 16th, 2019: Art of Hosting workshop

Are you looking for a place to live or do you have a client, friend or family member in need of housing that is safe, clean and affordable?

KUU-US CRISIS LINE SOCIETY HAS...

TRANSITIONAL HOUSING

This includes:

- ◆ \$400 month (includes all utilities)
- ◆ Shared kitchen and living space – fully furnished
- ◆ Private bedroom – (fully furnished with a TV and phone in each room)
- ◆ On site support services (Tenant Support Workers, Advocate Workers)
- ◆ Personalized Care plan (short term/long term goal setting)
- ◆ Life skill development (addressing root cause of homelessness)
- ◆ Transportation to and from appointments
- ◆ Planned daily outings and weekly activities (consisting of; progress meetings, talking circles, budgeting, shopping, cooking, wellness, art/crafts, social and family gatherings)

This complex is alcohol and drug free. If you are wishing to live in an environment that supports wellness and will help you to attain goals that will lead to sustainable independent living then call for more information and apply to;

KUU-US at 250 723-4050



CO-DEPENDENTS ANONYMOUS (CODA)

MEETINGS SUNDAYS @ 7PM

What is a CoDA Meeting?

Attending meetings is necessary for recovery in the CoDA program. A codependent attends meetings for his/her personal recovery, and this attendance benefits everyone, it's what creates the group. At meetings, we share our experience, strength, and hope in our lives.

About CODA

Co-Dependents Anonymous is a fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and fulfilling relationships. We gather together to support and share with each other in a journey of self-discovery — learning to love the self. Living the program allows each of us to become increasingly honest with ourselves about our personal histories and our own codependent behaviours. We rely upon the Twelve Steps and Twelve Traditions for knowledge and wisdom. These are the principles of our program and guides to developing honest and fulfilling relationships with ourselves and others. In CoDA, we each learn to build a bridge to a Higher Power of our own understanding, and we allow others the same privilege. This renewal process is a gift of healing for us. By actively working the program of Co-Dependents Anonymous, we can each realize a new joy, acceptance and serenity in our lives.

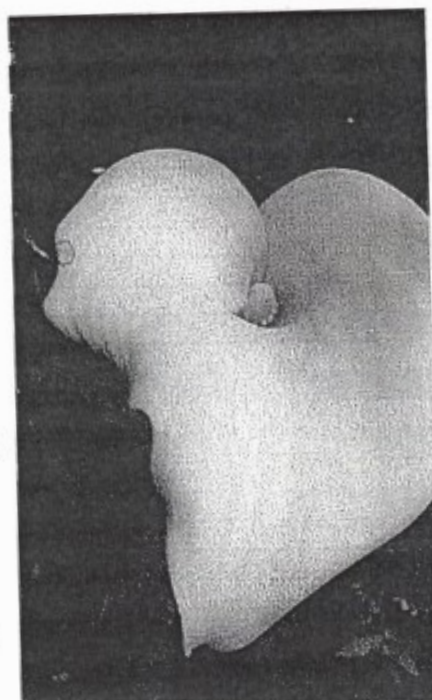
Location

Alamo Club
Port Alberni, BC

Contact

Cindy: 250-918-9477
Wayne: 250-918-8083

www.CODA.com



"PUTTING THE HOPE BACK IN HOME"



KUU-US Crisis Services

24 HOUR CRISIS SERVICES

A place where you can talk, trust and feel.

Help is only a phone call away.

Adult / Elder 250-723-4050 Child / Youth 250-723-2040 Toll Free (B.C.) 1-800-KUU-US17

Social Cultural Support Programs

KUU-US WEEKEND HOMEFULLNESS PROGRAMS –Spring/Summer Hours

Location: 4589 Adelaide Street

TUESDAYS

Homeless Peer Support – 3:15pm-5:15pm

This is a chance to be involved in learning & sharing with others about experiences & preventative tips regarding homelessness.

Dates: 2019 May 7, June 4, July 16, Aug 13, Sept 10, Oct 8

Free refreshments provided

Youth /Elder Gathering – 3:15-5:15 pm

This is a coming together to participate in beading, drum making, weaving & painting in a social environment.

Dates: 2019 July 16, July 23, Aug 20, Sept 17, Oct 15

Free meal & supplies provided

Recovery Group – 3:15-5:15pm

This is a talking circle format supporting recovery while utilizing the Medicine Wheel & other cultural practices.

Dates: 2019 May21 June18, July 30, Aug 27, Sept 24th, Oct 22

Free refreshments provided

Elder's Social & Cultural Gathering – 3:15-5:15pm

This is a coming together to participate in beading, drum making, weaving & painting in a social environment.

Dates: 2019 May28, June25, Aug 6, Sept 3, Oct 1

Free meal & supplies provided

SATURDAY

Urgent Need Item Distribution & Workshop – 5:30-7pm

A coming together for a hot meal, followed by an educational workshop & food hamper.

Dates: This is a weekly Saturday event. Entrance off Adelaide Street (side gate)

Free meal, basic & urgent need items provided

SUNDAY: Mobile Street Outreach – 5-6:05pm

This is an opportunity to receive a food hamper, hygiene products & educational materials.

There are three street locations: Quality Foods – 5-5:15pm, Friendship Centre – 5:25-5:40pm, & Echo Centre 5:50-6:05pm.

Dates: This is a weekly Sunday event

Free items provided

If more information is needed call 250 723 4050. Monthly and singular bus passes available for SAT participants

KUU-US WEEKDAY HOMEFULLNESS PROGRAMS

MONDAY - FRIDAY 10-2pm

The homefullness team provides assistances to clients regarding;

housing placements, compilation and distribution of a weekly housing registry, eviction prevention support, the handing out of basic and urgent need items (clothing, household items, food hampers and hygiene products), volunteer/employment linkages and life skill development to address root causes of homelessness.

Due to high demand call 250-723-4050 to book an appointment. 4589 Adelaide (entrance off Johnston rd)

KUU-US TRANSITIONAL HOUSING

Housing consists of support and life skill development for individuals with goals to re-enter into independent housing. This is a fully furnished 4 unit home with communal kitchen and living space with private bedrooms. All utilities are included (\$400). Call 250-723-4050 to inquire about vacancy. *Funded by: The Homeless Partnering Strategy*

RCMP



ROYAL CANADIAN MOUNTED POLICE

PORT ALBERNI RCMP INDIGENOUS POLICING SECTION

Cpl. Jay Donahue



Cpl. Jay Donahue is the Non Commissioned Officer in charge of Port Alberni Indigenous Policing services, living and working in the Valley for the past ten years. He is an Aboriginal person and of Metis decent. His maternal family are Cree, from the traditional territory of the Michel First Nation in Alberta. He has 23 years of policing services and a passion for working with Aboriginal peoples.

Jay previously worked as an RCMP officer in Campbell River and New Hazelton; working extensively with the Wei Wai Kum, Campbell River, Gitksan and Wet'suwet'en Nations. His priority is the same wherever he works, ensuring stronger and safer communities for our Aboriginal people.

"If you show respect, you get respect"
- Jay

Cst. Pete Batt



Cst. Pete Batt comes to you from the traditional territories of the Mi'kmaq Peoples. Pete is passionate about issues that affect Indigenous Youth and sees our Youth as the future for all of us. Cst. Batt holds a Bachelor of Science from Dalhousie University and enjoys boating, hiking, hunting and fishing with his family but spends much of his free time celebrating his culture by playing bagpipes in the West Coast Highlanders Pipes and Drums along with his family.

"By knowing and understanding our own cultures, we gain respect for the cultures around us." - Pete

Cst. Elizabeth O'Connor



Elizabeth O'Connor joined the RCMP in 2015 and was posted to Port Alberni out of Depot. She is originally from Hamilton Ontario, the traditional territories of the Haudensaunee and Anishnaabeg people.

Before joining the RCMP Cst. O'Connor worked as a Paramedic with BC Ambulance, a Support Worker with youth leaving the criminal justice system, and as a Corrections Officer.

Through her employment and volunteer work in drug and alcohol detox programs, she learned a great deal about the complexity and barriers people face every day. Cst. O'Connor was drawn to a career in emergency services out of a desire to impact others in a positive way and to promote positive change and progress.

"I feel fortunate to have been assigned to the Indigenous Policing Section and I am excited to learn and be involved in this partnership"
- Beth



WORKING TO BUILD SAFER, HEALTHIER, INDIGENOUS COMMUNITIES

DRYWALL/GYPSUM WASTE DISPOSAL INFORMATION

When delivering your drywall to the AV Landfill, certain procedures will need to be followed. A Gypsum/drywall **waste disposal application** is required for the disposal of all drywall/gypsum material. Applications can be downloaded from <https://www.acrd.bc.ca/alberni-valley-landfill> Or picked up a paper copy at the Landfill. The following provides the acceptance instructions:

Gypsum/drywall: (no asbestos)

1. Complete the waste disposal application form.
2. Bring the completed form with any necessary documentation and material to the Landfill for onsite verification and disposal.

Gypsum/drywall: (with asbestos)

1. Complete the waste disposal application form.
2. Bring the completed form with any necessary documentation and material to the Landfill for onsite verification and disposal.
3. Follow the legal requirements for bagging asbestos material for disposal:
 - Carefully place asbestos containing items in the required 6 Mil poly asbestos disposal bags available at the Alberni Valley Landfill for \$2 or \$3 each
 - DO NOT overfill the bag—leave enough space to properly tie it.
 - Wipe the outside of the bag clean with a wet paper towel and dispose of it with your material
 - Tie the outside of the bag goose neck style and seal with duct tape
 - Place the sealed bag in a **second asbestos disposal bag** and repeat cleaning the outside of the second bag and sealing with a goose neck tie.



3rd Ave. Recycling Depot
3620 3rd Ave. Port Alberni BC
Accepts the following:

- Electronics
- Gasoline, Pesticides, Solvents
- Light Bulbs (all)
- Small Household Appliances (no fridges or freezers)
- Smoke Alarms & Thermostats
- Paint and Paint Aerosols
- Outdoor Power Equipment
- Clothing

The Bottle Depot
3533 4th Ave. Port Alberni BC
Accepts the following:

- Electronics
- Beverage Containers

ALBERNI VALLEY LANDFILL
The Alberni Valley Landfill is a service of the Alberni-Clayoquot Regional District
3008 Fifth Avenue
Port Alberni, BC V9Y 2E3
250-720-2700



ALBERNI-CLAYOQUOT REGIONAL DISTRICT

ALBERNI VALLEY LANDFILL

LANDFILL INFORMATION AND TIPPING FEES



HOURS OF OPERATION

Summer Hours

(Apr. 16th to Oct. 15th)
Monday to Friday—8:00 am to 5:30 pm
Saturday to Sunday—9:00 am to 4:30 pm

Winter Hours

(Oct. 16th to April 15th)
Monday to Friday—8:00 am to 4:30 pm
Saturday to Sunday—9:00 am to 4:00 pm

Landfill is closed on Statutory Holidays

Phone: 250-723-1059

Located at:
7080 McCoy Lake Road
Port Alberni, BC

Payment Options

Cash, Interac, Visa and Mastercard are accepted.
No cheques, please.

To set up an account at the Alberni Valley Landfill please download an application from <https://www.acrd.bc.ca/alberni-valley-landfill> or call the ACRD office at 250-720-2700.



Alberni Valley Landfill provides a **RecycleBC** recycle depot for residential household recycling of Packaging and Printed Papers. For a full list of accepted items visit:

www.recyclebc.ca

Landfill Recycling Center Accepts the following Recyclable Materials at no cost:

Fridges and freezers

Yard and Garden Waste (branches 1" & under in diameter)

Metal

Batteries

Residential Used Oil (incl. containers & filters)

Residential Used Antifreeze (incl. containers)

Recycle BC Materials

Bikes

Note: A surcharge for solid waste containing **Recyclable Materials or Controlled**

The ACRD is committed to waste diversion and we thank you for Recycling Responsibly!

ALBERNI VALLEY LANDFILL

Tipping Fees

Solid Waste	Tipping Fee	Other Charges
Loads of 83 kg or greater	\$120.00 per tonne	\$10.00 minimum
Loads under 83 kg (each garbage bag or can)	\$2.00 each	\$8.00 maximum
Recreational Vehicle	\$240.00 per tonne	\$300.00 minimum
Surcharge for loads containing Recyclable Materials or Controlled Waste	Double the standard tipping fee	
Surcharge for Unsecured loads	\$240.00 per tonne	
Weighing service		\$10.00 each occurrence

Controlled Waste	Tipping Fee	Other Charges
Construction/Demolition Waste	\$160.00 per tonne	\$15.00 minimum
Land clearing debris	\$120.00 per tonne	15.00 minimum

Recyclable Materials	Tipping Fee	Other Charges
Residential Corrugated Cardboard	No Charge	
Commercial Corrugated Cardboard	\$60.00 per tonne	10.00 minimum
Metal, including appliances	No Charge	
Gypsum	\$250.00 per tonne	10.00 minimum
Clean wood waste	\$120.00 per tonne	10.00 minimum
Stewardship Materials, including car batteries, metal, used oil/antifreeze, fridges, freezers	No Charge	
Tires	\$170 per tonne	\$2.00 each tire minimum
Mattresses	20.00 each	
Yard and Garden Waste	No charge	

PLEASE JOIN US!

**TSESHAHT LANGUAGE
OPEN HOUSE & NAMING
CELEBRATION**

September 21, 2019

10:00am - 1:00pm

**7000A Pacific Rim Hwy
(Old Tseshaht Nursery Building)**



**Come and help us honour
our elder and language
warrior Kathy Robinson**

Refreshments and snacks provided
Please bring your regalia and drums

For more information contact Dawn Foxcroft
250-735-0344 or language@tseshaht.com

**Elder's
Chumustup & Chat**



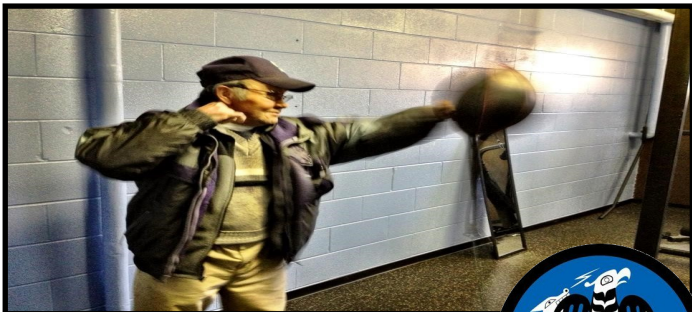
**1st Monday of the
month**

10AM - 12PM

**Great Room
Chumus Potluck
Everyone Welcome!**

**(Please note if the 1st Monday
lands on a holiday we will meet
the following day)**

FITNESS GYM HOURS



Mon, Wed & Fri

5:00PM - 7:00PM

Summer Hours starting May 27

Everyone Welcome!

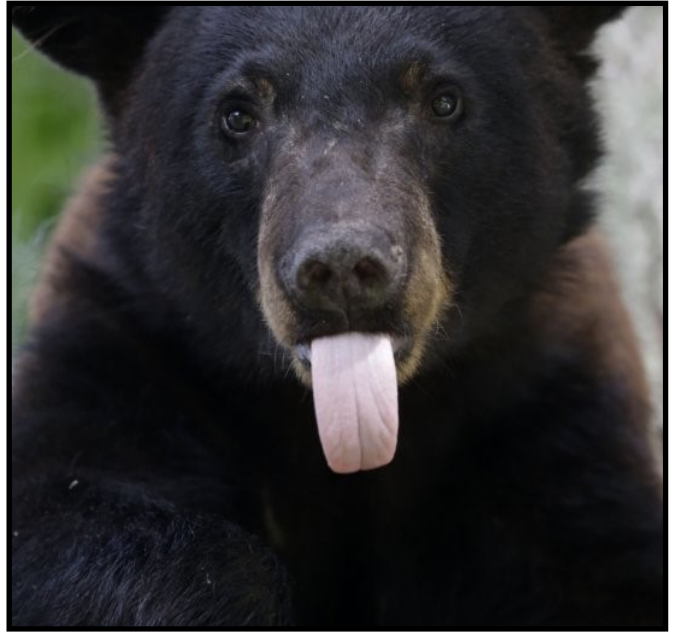
Reminder to everyone:

Be wildlife aware!

There have been two incidences this past week with a very domesticated momma bear around the office as well as a cougar sighting between the Tseshaht Market and Orange Bridge Cannabis.

If you encounter wildlife, please get to a safe place, being as loud as possible. Then call:

Conservation at 1-877-952-7277



TAX EXEMPT HYDRO, TELEPHONE, OR CABLE

Your Hydro, Telephone or Cable are tax exempt If you live in the Tseshaht First Nation Community and have a status number.

Leave a copy of your Status Card, Hydro, TELUS or Cable (Shaw etc.) at the Admin office and a letter will be sent to the provider to remove the tax.

Please contact Jane Jones at 250-724-1225 or email jjones@tseshaht.com . if you require further information.



CRIMESTOPPERS


**We want your information
– not your name!**

 **1-800-222-TIPS (8477)**

 **bccrimestoppers.com**



UPDATE GARBAGE PICKUP SCHEDULE

		REVISED		2019		Garbage Pick-up/ Holiday	
January S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		February S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28		March S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		April S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	
May S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		June S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		July S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		August S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	
September S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		October S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31		November S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		December S M T W Th F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	

Dates are subject to change

CONNECT WITH US!



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www.Tseshaht.com



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